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Analysis of the Unilateral Contact Problem for Biphasic Cartilage Layers with an Elliptic Contact Zone and Accounting for Tangential Displacements

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8 **Abstract.** A three-dimensional unilateral contact problem for articular cartilage
9 layers attached to subchondral bones shaped as elliptic paraboloids is considered in
10 the framework of the biphasic cartilage model. The main novelty of the study is in
11 accounting not only for the normal (vertical), but also for tangential vertical (hor-
12 izontal) displacements of the contacting surfaces. Exact general relationships have
13 been established between the contact approach and some integral characteristics of
14 the contact pressure, including the contact force. Asymptotic representations for the
15 contact pressure integral characteristics are obtained in terms of the contact approach
16 and some integral characteristics of the contact zone. The main result is represented
17 by the first-order approximation problem. We supply the theoretical description of
18 the asymptotic method by numerical analysis of the model. Our calculations demon-
19 strate good convergence of the numerical scheme in determination of the parameters.
20 In particular, it is shown that accounting for the tangential displacement is important
21 in cases where the contact zone is non-circular.

22 **Keywords:** articular cartilage layers, biphasic model, asymptotic representation, elliptic
contact zone, tangential displacement.

23 **AMS Subject Classification:** 74G10; 74M15; 92C10.

1 Introduction

Biomechanical contact problems involving transmission of forces across biological joints are of considerable practical interest (see, e.g. [2, 3, 11, 14]). Many analytical solutions to the problem of contact interaction of articular cartilage surfaces in joints are available. In particular, Ateshian et al. [8] obtained an asymptotic solution for the axisymmetric contact problem for two identical biphasic cartilage layers consisting of a solid phase and a fluid phase and attached to two rigid impermeable spherical bones of equal radii. Later, Wu et al. [16] extended this solution to a more general axisymmetric model by combining the assumption of the kinetic relationship from classical contact mechanics [12] with the joint contact model [8] for the contact of two biphasic cartilage layers. An improved solution for the contact of two biphasic cartilage layers in the axisymmetric setting, which can be used for dynamic loading, was obtained by Wu et al. [15].

An asymptotic modeling approach to study the contact problem for biphasic cartilage layers has been performed by Argatov and Mishuris in a series of articles (see [4, 6, 7]). In particular, it was shown [6] that accounting for the tangential displacements is important in the case of diseased cartilage where the measurement of indentation depth may differ even as much as 10% in comparison with the healthy case. In [4], the unilateral contact problem for articular cartilages bonded to subchondral bones with a contact zone in the shape of an arbitrary ellipse has been considered, and a closed form analytic solution was found. Exploiting this exact result, Argatov and Mishuris [7] have performed perturbation analysis of the contact problem with approximate geometry of the contact surfaces. Other analytic solutions for the contact problem were found using the viscoelastic cartilage model for elliptic contact zone in [5]. A new methodology for modeling articular tibio-femoral contact based on the developed asymptotic model of frictionless elliptical contact interaction between thin biphasic cartilage layers was presented in [2]. The mathematical model of articular contact was extended to the case of contact between arbitrary viscoelastic incompressible coating layers.

The constitutive model for biphasic cartilage layers has been extensively discussed in the literature. Our formulation most closely resembles the model proposed by Ateshyan et al [8]. We omit a detailed description of the modelling due to a lack of space. Instead, we restrict the discussion, by appropriate citation, to the basic model, with clear identification of the origins of the asymptotic model.

The principal originality of this work, with contrast to papers [6] and [4], is in the accounting for tangential displacements in the contact problem for cartilage layers while using a contact zone of elliptical shape, based on the biphasic model. Although the load is normal, the displacements of the material points on the contact zone have both normal and tangential components, since the surface of the bone is not flat. Despite an absence of friction, the tangential displacement is small but present, and perhaps essential, as has been shown in contact mechanics (with reference to the book by Johnson [12]). Comparing our results with those of other authors we come to the conclusion that accounting

for the tangential displacements is important in determining a more accurate approximation of the real behaviour of the complex “bone-cartilage”.

Note that the perturbation method proposed in [7] could be one of the options for the analysis, however, the procedure is too complex to perform even a few asymptotic steps. Here, employing some technique and ideas from [6] and [4], we propose another way to construct the asymptotics which utilizes the assumption that the shape of the contact zone is an ellipse at the initial stage of deformation and can be regarded as a small perturbation of the ellipse at any other stage of deformation.

The paper is organized as follows. The unilateral contact problem formulation and its linearization are presented in Section 2, where a special case of the contact configuration with one cartilage layer being plane and rigid is also considered in detail. In Section 3, we derive exact general relationships between the contact approach and some integral characteristics of the contact pressure, including the contact force. In Section 3.3, we obtain asymptotic representations for the contact pressure integral characteristics in terms of the contact approach and some integral characteristics of the contact zone. The zero-order and first-order asymptotic approximations for the solution to the contact problem are obtained in Subsections 4.1 and 4.2, respectively. Detailed calculations which led to the corresponding sets of equations are presented in [13]. The first-order approximation problem constitutes the main result of the present study. Section 5 presents a numerical analysis of the model. On the basis of this discussion of the obtained numerical results we make some conclusions concerning the model.

2 Formulation of the contact problem

We consider a frictionless contact between two thin linear biphasic cartilage layers firmly attached to rigid bones shaped like elliptic paraboloids (see Fig.1).

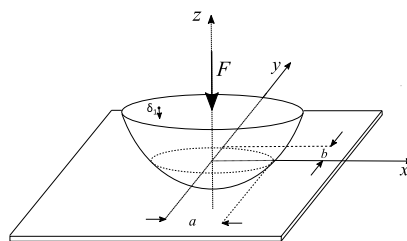


Figure 1. Schematic representation of the the system bone-cartilage.

It is a common assumption in most of papers devoted to the study of the bone-cartilage system to consider the bone as a rigid elliptic paraboloid. Since the stiffness of the bone is obviously much greater than that of the cartilage, this assumption seems physically consistent. The geometrical assumptions are a common simplification in the literature, allowing us to: a) analytically identify basic features of the contact problem, b) consider the solution as a benchmark for FEM simulations.

In the Cartesian co-ordinates $(x_1, x_2, z) = (\mathbf{x}, z)$ the equations for the two cartilage surfaces can be written in the form $z = (-1)^n \Phi^{(n)}(\mathbf{x})$, $n = 1, 2$, where

$$\Phi^{(n)}(\mathbf{x}) = \frac{x_1^2}{2R_1^{(n)}} + \frac{x_2^2}{2R_2^{(n)}} \quad (2.1)$$

with $R_1^{(n)}, R_2^{(n)}$ being the curvature radii of the n -th bone surface at its apex. We note that assuming the bone to have the form of an elliptical paraboloid is practically reasonable for approximation of the real shape of human bones (see [4] and references therein).

In the undeformed state, the cartilage-bone systems occupy convex domains $z \leq -\Phi^{(1)}(\mathbf{x})$ and $z \geq \Phi^{(2)}(\mathbf{x})$, respectively. They are in the initial contact with the plane $z = 0$ at the origin of the co-ordinate system.

We denote by $w_1(\mathbf{x}, t)$, $w_2(\mathbf{x}, t)$ the local vertical displacements of the corresponding cartilage surfaces. Let also $\mathbf{u}_1(\mathbf{x}, t)$, $\mathbf{u}_2(\mathbf{x}, t)$ be the local horizontal (tangential) displacements of the corresponding surface of the cartilages. Finally, we denote by $P(\mathbf{x}, t)$ the contact pressure density. Following [12] the equations for the cartilage surfaces can be written in the following form:

$$\begin{aligned} z &= \delta_1(t) - \Phi^{(1)}(\mathbf{x} + \mathbf{u}_1(\mathbf{x}, t)) + w_1(\mathbf{x}, t), \\ z &= -\delta_2(t) + \Phi^{(2)}(\mathbf{x} + \mathbf{u}_2(\mathbf{x}, t)) - w_2(\mathbf{x}, t). \end{aligned} \quad (2.2)$$

Here, δ_1, δ_2 are some (positive) vertical displacements of the rigid bones. Note also that the vertical displacements w_1, w_2 are positive, while the tangential displacements $\mathbf{u}_1, \mathbf{u}_2$ are directed outside of the contact zone. More detailed modelling of the vertical and tangential displacements can be found in [12]. Denoting by $\delta_*(t) = \delta_1(t) + \delta_2(t)$ the contact approach of the bones, we get from (2.2) the following inequality:

$$\delta_*(t) + w_1(\mathbf{x}, t) + w_2(\mathbf{x}, t) \leq \Phi^{(1)}(\mathbf{x} + \mathbf{u}_1(\mathbf{x}, t)) + \Phi^{(2)}(\mathbf{x} + \mathbf{u}_2(\mathbf{x}, t)). \quad (2.3)$$

It was shown in [8] (see also [6]) that the vertical and the tangential displacements of each bone (taking the asymptotic model of the cartilage layer into account) can be represented in the form

$$w_n(\mathbf{x}', t') = \frac{h_n \epsilon_n^2}{3\mu_{s,n}} \left\{ \Delta P(\mathbf{x}', t') + \frac{3}{H_n} \int_0^{t'} \Delta P(\mathbf{x}, \tau) d\tau \right\}, \quad n = 1, 2, \quad (2.4)$$

$$\mathbf{u}_n(\mathbf{x}', t') = -\frac{h_n \epsilon_n}{2\mu_{s,n}} \nabla P(\mathbf{x}', t'), \quad n = 1, 2. \quad (2.5)$$

Here $\epsilon_n = h_n/a_0$ are dimensionless small parameters, h_1, h_2 mean the thicknesses of the cartilage layers, and a_0 denotes a characteristic measure of the contact zone (see the detailed description of the role of this parameter in [6]; the values taken for numerical analysis of the model are given latter in this section), $H_n = (\lambda_{s,n} + 2\mu_{s,n})/\mu_{s,n}$ are material parameters of cartilages, where $\lambda_{s,n}$ and $\mu_{s,n}$ represent the first Lamé coefficient and the shear modulus of the solid phase of the n -th cartilage tissue. Note that \mathbf{u}_1 and \mathbf{u}_2 in (2.5) do not necessarily coincide, they depend on both spatial variables x_1, x_2 , and on the time variable t .

Following [8], we introduce new spatial variables and time variable via formulas

$$x'_j = \frac{x_j}{a_0}, \quad j = 1, 2, \quad t' = \frac{\chi t}{3\mu_0},$$

where

$$\chi = \frac{3\mu_{s,1}k_1}{h_1^2} + \frac{3\mu_{s,2}k_2}{h_2^2}, \quad \mu_0 = \frac{\mu_{s,1}}{\lambda_{s,1} + 2\mu_{s,1}} + \frac{\mu_{s,2}}{\lambda_{s,2} + 2\mu_{s,2}},$$

a_0 is a characteristic measure of the contact zone, and k_1, k_2 are the cartilage's permeabilities. In these variables we have the following relations on the contact area $\omega(t)$ encircled by the curve $\Gamma(t) = \partial\omega(t)$ (here and in the following, we retain the same notation for displacements w_n , \mathbf{u}_n and for the contact pressure P):

$$w_1(\mathbf{x}, t) + w_2(\mathbf{x}, t) = \left(\frac{h_1^3}{3\mu_{s,1}} + \frac{h_2^3}{3\mu_{s,2}} \right) \left\{ \Delta P(\mathbf{x}, t) + \chi \int_0^t \Delta P(\mathbf{x}, \tau) d\tau \right\}, \quad (2.6)$$

$$\Phi^{(n)}(\mathbf{x} + \mathbf{u}_n(\mathbf{x}, t)) \simeq \Phi^{(n)}(\mathbf{x}) - \frac{h_n^2 a_0}{2\mu_{s,n}} \nabla \Phi^{(n)}(\mathbf{x}) \cdot \nabla P(\mathbf{x}, t), \quad n = 1, 2. \quad (2.7)$$

137 Further the equality in (2.3), i.e.,

$$138 \quad \delta_*(t) + w_1(\mathbf{x}, t) + w_2(\mathbf{x}, t) = \Phi^{(1)}(\mathbf{x} + \mathbf{u}_1(\mathbf{x}, t)) + \Phi^{(2)}(\mathbf{x} + \mathbf{u}_2(\mathbf{x}, t)), \quad (2.8)$$

139 determines the contact area $\omega(t)$.

140 Now we substitute (2.6), (2.7) into (2.8) and obtain the governing equation
141 relating the contact pressure with the vertical approach of the bones $\delta_*(t)$ in
142 the following form:

$$143 \quad \Delta P(\mathbf{x}, t) + \chi \int_0^t \Delta P(\mathbf{x}, \tau) d\tau = m \left(\Phi(\mathbf{x}) - \delta_*(t) - \nabla \tilde{\Phi}(\mathbf{x}) \cdot \nabla P(\mathbf{x}, t) \right). \quad (2.9)$$

144 Here we have introduced the notation

$$145 \quad m = \left(\frac{h_1^3}{3\mu_{s,1}} + \frac{h_2^3}{3\mu_{s,2}} \right)^{-1}, \quad \Phi(\mathbf{x}) = \Phi^{(1)}(\mathbf{x}) + \Phi^{(2)}(\mathbf{x}). \quad (2.10)$$

Thus, it follows from (2.1) and (2.10) that the functions Φ and $\tilde{\Phi}$ are given by

$$\Phi(\mathbf{x}) = \Phi(x_1, x_2) = Ax_1^2 + Bx_2^2$$

with

$$A = \frac{1}{2R_1^{(1)}} + \frac{1}{2R_1^{(2)}}, \quad B = \frac{1}{2R_2^{(1)}} + \frac{1}{2R_2^{(2)}}, \quad \tilde{\Phi}(\mathbf{x}) = \tilde{A}x_1^2 + \tilde{B}x_2^2.$$

146 Note that the coefficients in \tilde{A} and \tilde{B} are positive dimensionless numbers,
147 which are less than unit.

148 Without loss of generality, one can assume that $A > B$. Then, Equa-
 149 tion (2.9) can be rewritten in an equivalent form, using all dimensionless pa-
 150 rameters:¹

$$151 \quad \Delta P_\varepsilon(\mathbf{x}, t) + \chi \int_0^t \Delta P_\varepsilon(\mathbf{x}, \tau) d\tau = \mu(\Psi_1(\mathbf{x}) - \delta_\varepsilon(t) - \varepsilon \nabla \Psi_2(\mathbf{x}) \cdot \nabla P_\varepsilon(\mathbf{x}, t)), \quad (2.11)$$

where the following notation has been introduced:

$$\Psi_j(\mathbf{x}) = x_1^2 + e_j^2 x_2^2, \quad j = 1, 2, \quad \delta_\varepsilon(t) = \delta_*(t)/A, \quad (2.12)$$

$$\mu = Am, \quad e_1 = \sqrt{B/A}, \quad e_2 = \sqrt{\tilde{B}/\tilde{A}}, \quad \varepsilon = \tilde{A}/A. \quad (2.13)$$

152 It is important to note that $\chi = O(1)$, $\mu\varepsilon \ll \chi$.

153 Discussion of the characteristic values of the introduced parameters is pre-
 154 sented, e.g., in [6, 8]. We note that in numerical analysis of the model we can
 155 take $a_0 = b(0)\sqrt{1 + e_1^2}$ as the initial value of the characteristic measure of the
 156 contact zone.

157 Since the solution of (2.11) depends on the parameter ε , it is customer to
 158 denote an unknown contact pressure by $P = P_\varepsilon$ in what follows. Note that the
 159 problem for $\varepsilon = 0$ coincides with that considered in [4].

160 Equation (2.11) is the equation for determination of the contact pressure
 161 $P_\varepsilon(\mathbf{x}, t) \geq 0$, $\mathbf{x} \in \omega_\varepsilon(t)$. In particular, in the case when the contact domain is
 162 represented by an ellipse

$$163 \quad \omega_\varepsilon(t) = \left\{ \mathbf{x} \in \mathbb{R}^2 : \frac{x_1^2}{b^2(t, \varepsilon)} + \frac{\beta^2(t, \varepsilon)x_2^2}{b^2(t, \varepsilon)} \leq 1 \right\}. \quad (2.14)$$

We supply Equation (2.11) with the following boundary conditions:

$$P_\varepsilon(\mathbf{x}, t) = 0, \quad \mathbf{x} \in \Gamma(t), \quad (2.15)$$

$$\frac{\partial P_\varepsilon}{\partial n}(\mathbf{x}, t) = 0, \quad \mathbf{x} \in \Gamma(t). \quad (2.16)$$

164 The equilibrium equation

$$165 \quad \iint_{\omega_\varepsilon(t)} P_\varepsilon(\mathbf{x}, t) d\mathbf{x} = F(t) \quad (2.17)$$

166 connects the external load $F(t)$, unknown contact pressure $P_\varepsilon(\mathbf{x}, t)$, and un-
 167 known contact domain $\omega_\varepsilon(t)$.

Remark 1. The problem (2.11), (2.15), (2.16), (2.17) has the following form

$$(\mathcal{K}\Delta + \varepsilon g \nabla) P = \delta + f, \\ P|_{\partial\Omega} = 0, \quad \frac{\partial P}{\partial n}|_{\partial\Omega} = 0, \quad \iint_{\Omega} P(\mathbf{x}, t) d\mathbf{x} = F$$

168 with unknown boundaries for the contact domain $\partial\Omega$, an unknown indentation
 169 parameter δ and an unknown contact pressure P (where ε is a small parameter,

¹ Note that in the axisymmetric case formula (2.11) coincides with formula [6, (8)].

170 g and f are given functions in Ω , and \mathcal{K} is the Volterra operator). In [4] an
 171 exact solution was found, corresponding to the case $\varepsilon = 0$ (in our notation),
 172 for elliptical contact. In [6], the existence of a solution was proven, under the
 173 assumption of an axisymmetric initial configuration of the contact zone (i.e.
 174 when $g(x, y) = g(r)$, $f(x, y) = f(r)$). Thus, existence of the solution in a more
 175 general case, for small values of the parameter $\varepsilon \neq 0$ or small eccentricity, follows
 176 from the standard results of perturbation analysis of nonlinear boundary value
 177 problems for the Laplace equation.

178 2.1 Special case of the contact configuration

In order to check the content of formula (2.9) we consider here a special case, namely, we suppose that the lower part cartilage layer is plane and rigid (the same assumption was employed in [16]), it means that $\mu_{s,2} = \infty$ and $R_1^{(1)} = R_2^{(1)} = \infty$, i.e.,

$$\Phi^{(1)} \equiv 0, \quad \Phi \equiv \Phi^{(2)}.$$

179 In this case we have got the following equation for determination of the contact
 180 domain $\omega(t)$ in the form similar to (2.9):

$$181 \quad \Delta P(\mathbf{x}, t) + \chi \int_0^t \Delta P(\mathbf{x}, \tau) d\tau = m \left(\Phi(\mathbf{x}) - \delta_*(t) - \nabla \tilde{\Phi}(\mathbf{x}) \cdot \nabla P(\mathbf{x}, t) \right). \quad (2.18)$$

Here we will have

$$m = \frac{3\mu_{s,2}}{h_2^3}, \quad \chi = \frac{3\mu_{s,2}k_2}{h_2^2}.$$

At the same time, small changes have to be made in the right-hand side of Equation (2.18) as follows:

$$\Phi(\mathbf{x}) = \frac{x_1^2}{2R_1^{(2)}} + \frac{x_2^2}{2R_2^{(2)}}, \quad \tilde{\Phi}(\mathbf{x}) = \frac{h_2^2 a_0 x_1^2}{2\mu_{s,2} R_1^{(2)}} + \frac{h_2^2 a_0 x_2^2}{2\mu_{s,2} R_1^{(2)}}.$$

Thus Equation (2.18) can be rewritten as

$$\begin{aligned} \Delta P(\mathbf{x}, t) + \frac{3\mu_{s,2}k_2}{h_2^2} \int_0^t \Delta P(\mathbf{x}, \tau) d\tau &= \frac{3\mu_{s,2}}{h_2^3} \left(\frac{x_1^2}{2R_1^{(2)}} + \frac{x_2^2}{2R_2^{(2)}} - \delta_*(t) \right) \\ &\quad - \frac{3a_0}{h_2} \left[\frac{x_1}{R_1^{(2)}} \partial_{x_1} P(\mathbf{x}, t) + \frac{x_2}{R_2^{(2)}} \partial_{x_1} P(\mathbf{x}, t) \right]. \end{aligned} \quad (2.19)$$

182 It can be easily checked that in the axisymmetric case Equation (2.19) reduces
 183 to the governing differential equation obtained in [6].

184 3 A priori estimate of the solution

185 3.1 Estimates of the indentation parameter

186 In our model we assume that the external load is non-decreasing. Thus, the
 187 contact domain is monotonically expanded, i.e.

$$188 \quad \omega_\varepsilon(t_1) \subseteq \omega_\varepsilon(t_2), \quad \forall t_1 \leq t_2. \quad (3.1)$$

189 It is convenient to suppose also that the contact pressure is defined on the
190 whole plane. For this we simply extend the density $P_\varepsilon(\mathbf{x}, t)$ by assuming that

$$191 \quad P_\varepsilon(\mathbf{x}, t) = 0, \quad \forall \mathbf{x} \notin \omega_\varepsilon(t). \quad (3.2)$$

Integrating (2.11) over contact domain $\omega(t)$, we get

$$\begin{aligned} & \iint_{\omega(t)} \Delta P_\varepsilon(\mathbf{x}, t) d\mathbf{x} + \chi \iint_{\omega(t)} \int_0^t \Delta P_\varepsilon(\mathbf{x}, \tau) d\tau d\mathbf{x} = \\ & = \mu \iint_{\omega(t)} (\Psi_1(\mathbf{x}) - \delta_\varepsilon(t)) d\mathbf{x} - \varepsilon \mu \iint_{\omega(t)} \nabla \Psi_2(\mathbf{x}) \cdot \nabla P_\varepsilon(\mathbf{x}, t) d\mathbf{x}. \end{aligned} \quad (3.3)$$

For simplicity of notation, we omit here (and everywhere in the next two sections) the subindex ε in ω_ε . From the monotonicity of the contact domain (3.1) and assumption (3.2), it follows that the second integral on the left-hand side can be written in the form

$$\iint_{\omega(t)} \int_0^t \Delta P_\varepsilon(\mathbf{x}, \tau) d\tau d\mathbf{x} = \int_0^t \iint_{\omega(t)} \Delta P_\varepsilon(\mathbf{x}, \tau) d\mathbf{x} d\tau.$$

192 Using the second Green's formula

$$193 \quad \iint_{\omega(t)} (u(\mathbf{x}) \Delta v(\mathbf{x}) - v(\mathbf{x}) \Delta u(\mathbf{x})) d\mathbf{x} = \int_{\Gamma(t)} \left(u(\mathbf{x}) \frac{\partial v}{\partial n}(\mathbf{x}) - v(\mathbf{x}) \frac{\partial u}{\partial n}(\mathbf{x}) \right) ds \quad (3.4)$$

194 with $u \equiv 1$ and $v = P_\varepsilon(\mathbf{x}, t)$ we get the following relation in view of the
195 boundary condition (2.16):

$$196 \quad \iint_{\omega(t)} \Delta P_\varepsilon(\mathbf{x}, \tau) d\mathbf{x} = \int_{\Gamma(t)} \frac{\partial P_\varepsilon}{\partial n}(\mathbf{x}, s) ds = 0, \quad \forall \tau \leq t. \quad (3.5)$$

197 Therefore, the both integrals on the left-hand side of (3.3) vanish.

198 Further, we use the first Green's formula

$$199 \quad \iint_{\omega(t)} (\varphi \Delta \psi + \nabla \varphi \cdot \nabla \psi) d\mathbf{x} = \int_{\Gamma(t)} \varphi \frac{\partial \psi}{\partial n} ds \quad (3.6)$$

200 with $\psi(\mathbf{x}) = \Psi_2(\mathbf{x})$ and $\varphi(\mathbf{x}) = P_\varepsilon(\mathbf{x}, t)$. In this case the integral on the right-
201 hand side vanishes in view of (2.15), and we obtain the relation

$$202 \quad \iint_{\omega(t)} \nabla \Psi_2(\mathbf{x}) \cdot \nabla P_\varepsilon(\mathbf{x}, t) d\mathbf{x} = - \iint_{\omega(t)} P_\varepsilon(\mathbf{x}, t) \Delta \Psi_2(\mathbf{x}) d\mathbf{x} = -2(1 + e_2^2)F(t), \quad (3.7)$$

203 where we used the equilibrium equation (2.17) and the identity

$$204 \quad \Delta \Psi_2(\mathbf{x}) = 2(1 + e_2^2) \quad (3.8)$$

205 with e_2 being defined in (2.12).

206 In what follows, it is convenient to have the following notation for the
 207 integrals of the product of k -th power of the function Ψ_1 and l -th power of the
 208 function Ψ_2 :

$$209 \quad A_{k,l}(\omega) = \iint_{\omega} \Psi_1^k(\mathbf{x})\Psi_2^l(\mathbf{x})d\mathbf{x} > 0, \quad k, l = 0, 1, 2, \dots \quad (3.9)$$

210 In particular, $A_{0,0}(\omega)$ is the area of the contact domain. It is to remember
 211 that the constants $A_{k,l}(\omega)$ depend finally on t , but we omitted this fact in the
 212 notation in order to avoid cumbersome expressions. Computations of $A_{k,l}(\omega)$
 213 for the elliptic domain (2.14) are given in [13, Appendix, Sec. 6.1].

Taking into account Equations (3.5) and (3.7), we get

$$\delta_{\varepsilon}(t) = \frac{A_{1,0}(\omega_{\varepsilon}(t))}{A_{0,0}(\omega_{\varepsilon}(t))} + \frac{2(1 + e_2^2)\varepsilon}{A_{0,0}(\omega_{\varepsilon}(t))}F(t).$$

214 This formula allows us to compute the contact approach $\delta_{\varepsilon}(t)$ as a function of
 215 the total external force $F(t)$ and the main axes of the ellipse describing the
 216 shape of the contact zone, which in fact depends on time too.

217 3.2 Integral identities for the contact pressure

In order to write out a more informative equation for the contact load, we use
 the following trick. We multiply both sides of (2.11) by the function $v(\mathbf{x}) =$
 $\Psi_2(\mathbf{x})$ and integrate the obtained equation over the contact domain $\omega(t)$

$$\begin{aligned} & \iint_{\omega(t)} \Psi_2(\mathbf{x})\Delta P_{\varepsilon}(\mathbf{x}, t)d\mathbf{x} + \chi \iint_{\omega(t)} \int_0^t \Psi_2(\mathbf{x})\Delta P_{\varepsilon}(\mathbf{x}, \tau)d\tau d\mathbf{x} = \mu \iint_{\omega(t)} \Psi_2(\mathbf{x}) \\ & \times \Psi_1(\mathbf{x})d\mathbf{x} - \mu\delta_{\varepsilon}(t) \iint_{\omega(t)} \Psi_2(\mathbf{x})d\mathbf{x} - \mu\varepsilon \iint_{\omega(t)} \Psi_2(\mathbf{x})\nabla\Psi_2(\mathbf{x}) \cdot \nabla P_{\varepsilon}(\mathbf{x}, t)d\mathbf{x}. \end{aligned} \quad (3.10)$$

Let us calculate the integrals in this relation by using Green's formulas. For
 the first integral on the left-hand side we use formula (3.4) with $u = \Psi_2$, $v = P_{\varepsilon}$
 and the boundary conditions (2.15), (2.16). Hence, we obtain

$$\iint_{\omega(t)} \Psi_2(\mathbf{x})\Delta P_{\varepsilon}(\mathbf{x}, t)d\mathbf{x} = \iint_{\omega(t)} \Delta\Psi_2(\mathbf{x})P_{\varepsilon}(\mathbf{x}, t)d\mathbf{x}.$$

218 Now taking into account (3.8), we get

$$219 \quad \iint_{\omega(t)} \Psi_2(\mathbf{x})\Delta P_{\varepsilon}(\mathbf{x}, t)d\mathbf{x} = 2(1 + e_2^2)F(t). \quad (3.11)$$

220 For the second integral on the left-hand side, we apply the same approach, but
 221 interchange first the integrals over $\omega_{\varepsilon}(t)$ and over $\tau \in (0, t)$ exploiting the load
 222 monotonicity. Therefore, we arrive at the equation

$$\begin{aligned} & \iint_{\omega(t)} \int_0^t \Psi_2(\mathbf{x})\Delta P_{\varepsilon}(\mathbf{x}, \tau)d\tau d\mathbf{x} = \int_0^t \iint_{\omega(t)} \Psi_2(\mathbf{x})\Delta P_{\varepsilon}(\mathbf{x}, \tau)d\tau d\mathbf{x} = 2(1 + e_2^2) \int_0^t F(\tau)d\tau. \end{aligned} \quad (3.12)$$

223

224 For the first and second integrals on the right-hand side, we simply use the
 225 notation (3.9), which gives

$$226 \quad \iint_{\omega(t)} \Psi_1(\mathbf{x})\Psi_2(\mathbf{x})d\mathbf{x} = A_{1,1}(b; \beta), \quad \iint_{\omega(t)} \Psi_2(\mathbf{x})d\mathbf{x} = A_{0,1}(b; \beta). \quad (3.13)$$

Finally, for the third integral on the right-hand side, we make use of the following simple formula which follows immediately from the definition of Ψ_2 :

$$\Psi_2 \nabla \Psi_2 = \frac{1}{2} \nabla \Psi_2^2.$$

Then we can apply Green's formula (3.6) and the boundary conditions (2.15), (2.16) to find

$$\iint_{\omega(t)} \Psi_2(\mathbf{x})\nabla \Psi_2(\mathbf{x}) \cdot \nabla P_\varepsilon(\mathbf{x}, t)d\mathbf{x} = -\frac{1}{2} \iint_{\omega(t)} \Delta \Psi_2^2(\mathbf{x})P_\varepsilon(\mathbf{x}, t)d\mathbf{x}.$$

227 By applying the second Green's formula (3.4) with $u = P_\varepsilon$, $v = \Psi_2^2$, and the
 228 boundary conditions (2.15), (2.16), we represent this integral in the form

$$229 \quad \iint_{\omega(t)} \Psi_2(\mathbf{x})\nabla \Psi_2(\mathbf{x}) \cdot \nabla P_\varepsilon(\mathbf{x}, t)d\mathbf{x} = -\frac{1}{2} \iint_{\omega(t)} \Psi_2^2(\mathbf{x})\Delta P_\varepsilon(\mathbf{x}, t)d\mathbf{x}. \quad (3.14)$$

This integral still contains the unknown density of contact pressure $P_\varepsilon(\mathbf{x}, t)$. Let us define

$$\mathcal{M}^{(j)} P_\varepsilon(t) \equiv \iint_{\omega(t)} \Psi_2^j(\mathbf{x})\Delta P_\varepsilon(\mathbf{x}, t)d\mathbf{x}.$$

230 Now we rewrite the relation (3.10) by using the results for all integrals
 231 (3.11)–(3.14) in the following form:

$$232 \quad 2(1 + e_2^2)\mathcal{K}F(t) = \mu A_{1,1}(\omega_\varepsilon(t)) - \mu \delta_\varepsilon(t)A_{0,1}(\omega_\varepsilon(t)) + \frac{\mu\varepsilon}{2}\mathcal{M}^{(2)} P_\varepsilon(t). \quad (3.15)$$

233 Here, we have introduced the Volterra operator \mathcal{K} as follows:

$$234 \quad \mathcal{K}F(t) = F(t) + \chi \int_0^t F(\tau)d\tau. \quad (3.16)$$

235 Note that the integral in the right-hand side of the equation (3.15) allows to
 236 continue the same procedure to deliver an asymptotic estimate for this equation.

237 We continue to proceed with Equation (3.15) on the next steps.

238 **3.3 Posteriori estimates for the contact pressure**

Now we proceed to calculate the last integral in (3.15). For this we multiply the governing integral equation (2.11) by $\Psi_2^j(\mathbf{x})$ ($j \geq 2$) and integrate over contact domain $\omega(t)$:

$$\begin{aligned} & \iint_{\omega(t)} \Psi_2^j(\mathbf{x})\Delta P_\varepsilon(\mathbf{x}, t)d\mathbf{x} + \chi \iint_{\omega(t)} \int_0^t \Psi_2^j(\mathbf{x})\Delta P_\varepsilon(\mathbf{x}, \tau)d\tau d\mathbf{x} = \mu \iint_{\omega(t)} \Psi_2^j(\bar{\mathbf{x}}) \\ & \times \Psi_1(\mathbf{x})d\mathbf{x} - \mu \delta_\varepsilon(t) \iint_{\omega(t)} \Psi_2^j(\mathbf{x})d\mathbf{x} - \mu\varepsilon \iint_{\omega(t)} \Psi_2^j(\mathbf{x})\nabla \Psi_2(\mathbf{x}) \cdot \nabla P_\varepsilon(\mathbf{x}, t)d\mathbf{x}. \end{aligned}$$

239 By using the same argument as on the previous step, we get

$$\mathcal{K}\mathcal{M}^{(j)}P_\varepsilon(t) = \mu A_{1,j} - \mu\delta_\varepsilon(t)A_{0,j}(a; \beta) - \mu\varepsilon \iint_{\omega(t)} \Psi_2^j(\mathbf{x})\nabla\Psi_2(\mathbf{x}) \cdot \nabla P_\varepsilon(\mathbf{x}, t)d\mathbf{x}. \quad (3.17)$$

240

For the last integral we use the relations

$$\begin{aligned} \Psi_2^j(\mathbf{x})\nabla\Psi_2(\mathbf{x}) &= \frac{1}{j+1}\nabla\Psi_2^{j+1}(\mathbf{x}), \\ \iint_{\omega(t)} \nabla\Psi_2^{j+1}(\mathbf{x}) \cdot \nabla P_\varepsilon(\mathbf{x}, t)d\mathbf{x} &= - \iint_{\omega(t)} \Delta\Psi_2^{j+1}(\mathbf{x})P_\varepsilon(\mathbf{x}, t)d\mathbf{x}. \end{aligned}$$

Therefore, the integral

$$\mathcal{M}^{(j)}P_\varepsilon(t) = \mu\mathcal{K}^{-1} \left\{ A_{1,j}(\omega_\varepsilon(t)) - \delta_\varepsilon(t)A_{0,j}(\omega_\varepsilon(t)) + \frac{\varepsilon}{j+1}\mathcal{K}\mathcal{M}^{(j+1)}P_\varepsilon(t) \right\}$$

has been obtained as a solution of the integral equation (3.17). Here the inverse operator \mathcal{K}^{-1} is defined by the formula

$$\mathcal{K}^{-1}Y(t) = Y(t) - \chi \int_0^t Y(\tau)e^{-\chi(t-\tau)}d\tau.$$

Performing the same computation, we obtain the following representation for the integral in the right-hand side of (3.15):

$$\begin{aligned} \mathcal{M}^{(2)}P_\varepsilon(t) &= \sum_{j=1}^N \frac{2\varepsilon^{j-1}}{(j+1)!} \mu^j \mathcal{K}^{-j} \{ A_{1,j+1}(\omega_\varepsilon(t)) - \delta_\varepsilon(t)A_{0,j+1}(\omega_\varepsilon(t)) \} \\ &\quad + \frac{2\varepsilon^N}{(N+2)!} \mu^N \mathcal{K}^{-N} \mathcal{M}^{(N+2)}P_\varepsilon(t). \end{aligned}$$

Substituting this representation into Equation (3.15), we finally get

$$\begin{aligned} 2(1 + e_2^2)\mathcal{K}F(t) &= \sum_{j=0}^N \frac{\varepsilon^j}{(j+1)!} \mu^{j+1} \mathcal{K}^{-j} \{ A_{1,j+1}(\omega_\varepsilon(t)) - \delta_\varepsilon(t)A_{0,j+1}(\omega_\varepsilon(t)) \} \\ &\quad + \frac{\varepsilon^{N+1}}{(N+2)!} \mu^{N+1} \mathcal{K}^{-N} \mathcal{M}^{(N+2)}P_\varepsilon(t), \end{aligned}$$

or equivalently

$$\begin{aligned} 2(1 + e_2^2)\mathcal{K}^{N+1}F(t) &= \sum_{j=0}^N \frac{\varepsilon^j}{(j+1)!} \mu^{j+1} \mathcal{K}^{N-j} \\ &\quad \times \{ A_{1,j+1}(\omega_\varepsilon(t)) - \delta_\varepsilon(t)A_{0,j+1}(\omega_\varepsilon(t)) \} + \frac{\varepsilon^{N+1}}{(N+2)!} \mu^{N+1} \mathcal{M}^{(N+2)}P_\varepsilon(t). \quad (3.18) \end{aligned}$$

241

The latter relation allows us to determine the problem parameters asymptotically with any prescribed accuracy.

242

243 Note that apart from the fact that the shapes of the contacting bones are
 244 elliptical paraboloids, no additional assumptions on the shape of the contact
 245 zone have been made. On the other hand, no proof was offered to show that
 246 the contact zone is approximately represented by an ellipse. This will be done
 247 later.

248 *Remark 2.* For every t for which the contact pressure $P_\varepsilon(t)$ is bounded and the
 249 contact region $\omega(t)$ belongs to a bounded domain, the remainder $\frac{\varepsilon^{N+1}}{(N+2)!}\mu^{N+1}$
 250 $\mathcal{M}^{(N+2)}P_\varepsilon(t)$ in formula (3.18) tends to zero as $N \rightarrow \infty$. Thus, the series
 251 corresponding to the sum on the right hand-side of (3.18) is converging.

252 4 Asymptotic solution to the contact problem

253 4.1 Zero-order approximation

First, we get solution of the problem for $\varepsilon = 0$. In this case Equation (2.11)
 has the form

$$\Delta P^{(0)}(\mathbf{x}, t) + \chi \int_0^t \Delta P^{(0)}(\mathbf{x}, \tau) d\tau = \mu \left(\Psi_1(\mathbf{x}) - \delta^{(0)}(t) \right),$$

254 where $\Psi_1(\mathbf{x})$ is defined in (2.12). Since we know from [4] that the contact zone
 255 is an ellipse at this stage of approximation we will have

$$256 \quad \delta_\varepsilon = \delta^{(0)}(t) = \delta_\varepsilon(b_0(t); \beta_0(t)) = \frac{A_{1,0}(\omega_0(t))}{A_{0,0}(\omega_0(t))}. \quad (4.1)$$

257 Using formula (4.1) and calculations presented in [13, Appendix, Sec. 6.1],
 258 one can find that

$$259 \quad A_{0,0}(\omega_0(t)) = \frac{\pi b_0^2}{\beta_0}, \quad A_{1,0}(\omega_0(t)) = \frac{\pi b_0^4}{4\beta_0^3} (\beta_0^2 + e_1^2), \quad (4.2)$$

260 and therefore

$$261 \quad \delta^{(0)}(t) = \frac{b_0^2 (\beta_0^2 + e_1^2)}{4\beta_0^2}. \quad (4.3)$$

262 Note that formulas (4.2) and (4.3) contain two known constants e_1 and e_2
 263 defined in (2.12) and two still unknown functions $b_0(t)$ and $\beta_0(t)$, which are the
 264 main semi-axis and the eccentricity of the ellipse

$$265 \quad \omega_0(t) = \left\{ \mathbf{x} \in \mathbb{R}^2 : \frac{x_1^2}{b_0^2(t)} + \frac{\beta_0^2(t)x_2^2}{b_0^2(t)} \leq 1 \right\}. \quad (4.4)$$

The leading terms in (3.18) imply (for $N = 0$) the following equation:

$$2(1 + e_2^2)\mathcal{K}F(t) = \mu A_{1,1}(\omega_0(t)) - \mu \delta^{(0)}(t) A_{0,1}(\omega_0(t)).$$

266 Here, \mathcal{K} is the Volterra integral operator defined in (3.16).

Analogously, using some results from [13, Appendix, Sec. 6.1], we obtain

$$A_{0,1}(\omega_0(t)) = \frac{\pi b_0^4}{4\beta_0^3} (\beta_0^2 + e_2^2), \quad A_{1,1}(\omega_0(t)) = \frac{\pi b_0^6}{24\beta_0^5} \{3\beta_0^4 + (e_1^2 + e_2^2)\beta_0^2 + 3e_1^2 e_2^2\},$$

and thus

$$2(1 + e_2^2)\mathcal{K}F(t) = \mu \frac{\pi b_0^6}{48\beta_0^5} \{3\beta_0^4 - (e_1^2 + e_2^2)\beta_0^2 + 3e_1^2 e_2^2\}.$$

267 To find the functions $b_0(t)$ and $\beta_0(t)$ together with the pressure distribution
 268 over the contact zone, $P^{(0)}(\mathbf{x}, t)$, we follow [4] and introduce a new unknown
 269 function

$$270 \quad p^{(0)}(\mathbf{x}, t) = P^{(0)}(\mathbf{x}, t) + \chi \int_0^t P^{(0)}(\mathbf{x}, \tau) d\tau = \mathcal{K}P^{(0)}(\mathbf{x}, t). \quad (4.5)$$

In the case of monotone external load, this function should satisfy the Poisson equation (following from (2.9))

$$\Delta p^{(0)}(\mathbf{x}, t) = \mu \left(\Psi_1(\mathbf{x}) - \delta^{(0)}(t) \right), \quad \mathbf{x} \in \omega_0(t),$$

271 with the boundary conditions (2.15), (2.16).

It is customary to rewrite this relation in the form

$$G_0(\mathbf{x}, t) = 0,$$

where

$$G_0(\mathbf{x}, t) = G_0(b_0, \beta_0, \delta_0) \equiv \Delta p^{(0)}(\mathbf{x}, t) - \mu \left(\Psi_1(\mathbf{x}) - \delta^{(0)}(t) \right), \quad \mathbf{x} \in \omega_0(t).$$

272 Bearing in mind that the function $\Psi_1(\mathbf{x})$ is a quadratic polynomial (compare
 273 with (2.12)), it is natural to look for the solution of such problem in the form
 274 of a polynomial in x_1, x_2 of the fourth degree, that is

$$275 \quad p^{(0)}(b_0, \beta_0, \eta_0, \mathbf{x}, t) = \eta_0(t) \left(1 - \frac{x_1^2}{b_0^2} - \frac{\beta_0^2 x_2^2}{b_0^2} \right) Q_0(x_1, x_2). \quad (4.6)$$

276 Note that the term in the brackets vanishes on the boundary ω_0 , and thus the
 277 condition (2.15) is satisfied automatically.

In [13, Appendix, Sec. 6.2], it has been shown that Q_0 is a polynomial of the second order having the form

$$Q_0(x_1, x_2) = \left(1 - \frac{x_1^2}{b_0^2} - \frac{\beta_0^2 x_2^2}{b_0^2} \right),$$

278 so that

$$279 \quad p^{(0)}(x_1, x_2; t) = \eta_0(t) \left(1 - \frac{x_1^2}{b_0^2} - \frac{\beta_0^2 x_2^2}{b_0^2} \right)^2. \quad (4.7)$$

Taken into account this representation we arrive at the following relations (see [13, Appendix, Sec. 6.3]):

$$\eta_0(t) = \frac{\mu\delta^{(0)}(t)}{4(1 + \beta_0^2)} b_0^2, \quad (4.8)$$

$$\eta_0(t) = \frac{\mu b_0^4}{2(6 + 2\beta_0^2)} = \frac{\mu b_0^4}{4(3 + \beta_0^2)}, \quad (4.9)$$

$$\eta_0(t) = \frac{\mu b_0^4 e_1^2}{2(2\beta_0^2 + 6\beta_0^4)} = \frac{\mu b_0^4 e_1^2}{4\beta_0^2(1 + 3\beta_0^2)}. \quad (4.10)$$

280 This system allows us to determine the unknown functions $b_0(t)$ and $\beta_0(t)$.
 281 Indeed, eliminating η_0 from the last two equations, we get a bi-quadratic equation
 282 defining the value of the parameter β_0 , i.e.,

$$283 \quad 3\beta_0^4 + (1 - e_1^2)\beta_0^2 - 3e_1^2 = 0. \quad (4.11)$$

284 By definition, β_0 is a positive parameter, thus the unique positive solution of
 285 (4.11) has the form

$$286 \quad \beta_0 = \sqrt{((e_1^2 - 1) + \sqrt{e_1^4 + 34e_1^2 + 1})/6}. \quad (4.12)$$

Note that at the zero-approximation the parameter β_0 does not depend on time. The other parameter, $\eta_0(t)$, can be computed directly from (4.9) or (4.10), if one knows the remaining constant $b_0(t)$. Moreover, taking into account (4.8) and (4.3), one can use an equivalent formula

$$\eta_0(t) = \mu b_0^4 (\beta_0^2 + e_1^2) / 16 \beta_0^2 (1 + \beta_0^2).$$

In the same way, one can offer, in addition to (4.3), two equivalent representations for the indentation parameter

$$\delta^{(0)}(t) = \frac{1 + \beta_0^2}{3 + \beta_0^2} b_0^2(t) = \frac{(1 + \beta_0^2)e_1^2}{\beta_0^2(1 + 3\beta_0^2)} b_0^2(t).$$

287 Finally, the major semi-axis b_0 of the ellipse ω_0 is determined as follows:

$$288 \quad b_0(t) = \left[\left(F(t) + \chi \int_0^t F(\tau) d\tau \right) \left(\frac{96\beta_0^5(1 + e_2^2)}{\mu\pi(3\beta_0^4 - \beta_0^2(e_1^2 + e_2^2) + 3e_1^2 e_2^2)} \right) \right]^{1/6}. \quad (4.13)$$

289 Note that the parameters b_0 , η_0 as well as the indentation, δ_0 , depend on time
 290 t in contrast to the ellipse eccentricity β_0 .

Now, it remains only to find the pressure over the contact area. Using (4.5) and (4.7), we get

$$P^{(0)}(b_0, \beta_0, \eta_0, x_1, x_2, t) = \mathcal{K}^{-1}(\eta_0(t) Q_0(x_1, x_2, t)).$$

If (x_1, x_2) belongs to the initial contact zone, i.e. $1 - \frac{x_1^2}{b_0^2(t)} - \frac{\beta_0^2 x_2^2}{b_0^2(t)} > 0$, then

$$\begin{aligned} P^{(0)}(x_1, x_2, t) &= \eta_0(t) \left(1 - x_1^2/b_0^2(t) - \beta_0^2 x_2^2/b_0^2(t) \right)^2 \\ &\quad - \chi \int_0^t \eta_0(\tau) \left(1 - x_1^2/b_0^2(\tau) - \beta_0^2 x_2^2/b_0^2(\tau) \right)^2 e^{-\chi(t-\tau)} d\tau. \end{aligned}$$

If (x_1, x_2) lies outside of the initial contact zone, i.e. $1 - \frac{x_1^2}{b_0^2(t)} - \frac{\beta_0^2 x_2^2}{b_0^2(t)} < 0$, then

$$P^{(0)}(x_1, x_2, t) = \eta_0(t) \left(1 - \frac{x_1^2}{b_0^2(t)} - \frac{\beta_0^2 x_2^2}{b_0^2(t)}\right)^2 - \chi \int_{t_*(x_1, x_2)}^t \eta_0(\tau) \left(1 - \frac{x_1^2}{b_0^2(\tau)} - \frac{\beta_0^2 x_2^2}{b_0^2(\tau)}\right)^2 e^{-\chi(t-\tau)} d\tau.$$

The critical moment of time t_* is determined by the formula

$$b_0^2(t_*) = x_1^2 + \beta_0^2 x_2^2.$$

Using (4.13), we get

$$F(t_*) + \chi \int_0^{t_*} F(\tau) d\tau = \frac{\mu\pi}{96\beta_0^5} \left(\frac{3\beta_0^4 - \beta_0^2(e_1^2 + e_2^2) + 3e_1^2 e_2^2}{1 + e_2^2} \right) (x_1^2 + \beta_0^2 x_2^2)^3.$$

If the load is stepwise, we have $F(t) = F_0$. Hence, we find that

$$t_* = \frac{\mu\pi}{96\beta_0^5 \chi F_0} \left[\frac{(3\beta_0^4 - \beta_0^2(e_1^2 + e_2^2) + 3e_1^2 e_2^2)}{1 + e_2^2} (x_1^2 + \beta_0^2 x_2^2)^3 \right] - \frac{1}{\chi}.$$

Note that in this case

$$b_0^6(t_*) = \frac{96\beta_0^5(1 + e_2^2)(1 + \chi t_*)}{\mu\pi(3\beta_0^4 - \beta_0^2(e_1^2 + e_2^2) + 3e_1^2 e_2^2)} F_0.$$

291 This finishes the zero iteration step. Note that the results of this section
292 after changing the notation coincide with those obtained in [6].

293 4.2 First-order approximation problem

For the next steps we consider an appropriately deformed contact domain $\omega_\varepsilon^{(1)}$, defined as a perturbation of the zero-order one ω_0 . Namely, we assume that it can be written in the form

$$\omega_\varepsilon^{(1)} = \omega_\varepsilon^{(1)}(t) = \left\{ (x_1, x_2) : Q_0(\mathbf{x}, t) + \varepsilon Q_1(\mathbf{x}, t) \geq 0 \right\},$$

where unknown polynomials are taken in the forms

$$Q_0(\mathbf{x}, t) = Q_0(\mathbf{x}, \beta_1, b_1), \quad Q_1(\mathbf{x}, t) = a_{40}(t)x_1^4 + a_{22}(t)x_1^2 x_2^2 + a_{04}(t)x_2^4.$$

294 Note that for $\varepsilon = 0$ the solution form coincides with (4.4), if one take
295 $b_1 \equiv b_0, \beta_1 \equiv \beta_0$.

The idea behind such choice of the asymptotic anzatz is to satisfy the boundary conditions (2.15) and (2.16) automatically. This will be achieved by putting

$$P_\varepsilon^{(1)} = \mathcal{K}^{-1} \left(\eta^{(1)}(t) (Q_0(x_1, x_2, \beta_1(t), b_1(t)) + \varepsilon Q_1(\mathbf{x}, t))^2 \right).$$

296 Now, when the boundary conditions are valid, we will satisfy the governing
297 equation (2.9). Note that $P_\varepsilon^{(1)} = P_0 + \varepsilon P_1 + O(\varepsilon^2)$, where $p_j = \mathcal{K}(P_j)$, $j = 0, 1$,
298 and

$$299 p_0 = \eta^{(1)}(t) \left(1 - \frac{x_1^2}{b_1^2(t)} - \frac{\beta_1^2(t)x_2^2}{b_1^2(t)} \right)^2, \quad (4.14)$$

300

301

$$p_1 = 2\eta^{(1)}(t) \left(1 - \frac{x_1^2}{b_1^2(t)} - \frac{\beta_1^2(t)x_2^2}{b_1^2(t)} \right) Q_1(\mathbf{x}, t). \quad (4.15)$$

Substituting this representation into Equation (2.9), we obtain

$$\begin{aligned} & \mathcal{K} \left(\Delta(P^{(0)} + \varepsilon P_1 + O(\varepsilon^2)) \right) \\ &= \mu \left(\Psi_1 - \delta_\varepsilon^{(1)} - \varepsilon \nabla \Psi_2 \cdot (\nabla P^{(0)} + \varepsilon \nabla P^{(1)} + O(\varepsilon^2)) \right), \end{aligned} \quad (4.16)$$

where the parameter $\delta_\varepsilon^{(1)}$ is represented in the same form as $P_\varepsilon^{(1)}$, i.e.,

$$\delta_\varepsilon^{(1)} = \delta_0 + \varepsilon \delta_1 + O(\varepsilon^2) = \delta^{(1)} + O(\varepsilon^2).$$

We can write Equation (4.16) with the accuracy to the terms of $O(\varepsilon^2)$ as follows:

$$\Delta p^{(0)} + \varepsilon \Delta p_1 = \mu \left(\Psi_1 - \delta^{(1)} - \varepsilon \nabla \Psi_2 \cdot \nabla P^{(0)} \right).$$

An extended variant of this equation can be written by using the definition of all components of the equation and by comparing coefficients at different powers of x_1, x_2 , so that

$$- \frac{4\eta^{(1)}}{b_1^2} (1 + \beta_1^2) = -\mu \delta^{(1)}, \quad (4.17)$$

$$4\eta^{(1)} \left[\frac{3 + \beta_1^2}{b_1^4} + \varepsilon(6a_{40} + a_{22}) \right] = \mu(1 - 8\varepsilon\theta_{2,0}), \quad (4.18)$$

$$4\eta^{(1)} \left[\frac{\beta_1^2(1 + 3\beta_1^2)}{b_1^4} + \varepsilon(a_{22} + 6a_{04}) \right] = \mu(e_1^2 - 8\varepsilon e_2^2 \theta_{2,2}), \quad (4.19)$$

$$- \varepsilon \frac{24\eta^{(1)}}{b_1^2} (a_{40}\beta_1^2 + a_{22}(1 + \beta_1^2) + a_{04}) = 8\varepsilon\mu(1 + e_2^2)\theta_{4,2}, \quad (4.20)$$

$$- \varepsilon \frac{4\eta^{(1)}}{b_1^2} (a_{40}(15 + \beta_1^2) + a_{22}) = 8\varepsilon\mu\theta_{4,0}, \quad (4.21)$$

$$- \varepsilon \frac{4\eta^{(1)}}{b_1^2} (a_{04}(15\beta_1^2 + 1) + a_{22}\beta_1^2) = 8\varepsilon\mu e_2^2 \theta_{4,4}, \quad (4.22)$$

302 where

303

$$\theta_{2k,2l}(t) = \mathcal{K}^{-1} \left(\eta^{(1)} b_1^{-2k} \beta_1^{2l} \right), \quad k, l = 0, 1, 2. \quad (4.23)$$

304

305

306

In the system (4.17)–(4.22) we have 6 equations and 7 unknowns: $\eta^{(1)}(t), \delta_\varepsilon^{(1)}, b_1(t), \beta_1(t)$, and a_{40}, a_{22}, a_{04} (coefficients of the polynomial Q_1). Therefore, we have to add an extra equation to the above system, namely

307

$$\delta^{(1)}(t) = \frac{A_{1,0}(\omega_\varepsilon(t))}{A_{0,0}(\omega_\varepsilon(t))} + \frac{2(1 + e_2^2)\varepsilon}{A_{0,0}(\omega_\varepsilon(t))} F_1(t), \quad (4.24)$$

where $F_1(t)$ can be represented in the form

$$F_1(t) = \iint_{\omega_\varepsilon^{(1)}} P_\varepsilon^{(1)}(\mathbf{x}, t) d\mathbf{x}.$$

We also make use of Eq. (3.18) written for this approximation step with the accuracy of $O(\varepsilon^2)$ in the form

$$2(1+e_2^2)\mathcal{K}^2 F(t) = \sum_{j=0}^1 \frac{\varepsilon^j}{(j+1)!} \mu^{j+1} \mathcal{K}^{1-j} \left\{ A_{1,j+1}(\omega_\varepsilon(t)) - \delta^{(1)}(t) A_{0,j+1}(\omega_\varepsilon(t)) \right\}.$$

308 *Remark 3.* Note that putting $\varepsilon = 0$, the system (4.17)–(4.22), (4.24) transforms
 309 to the previous case evaluated in the previous section.

310 *Remark 4.* In the case when $\varepsilon > 0$, the system (4.17)–(4.22), (4.24) has to
 311 be solved numerically. Note that the parameter ε in the last three equations
 312 (4.20)–(4.22) can be canceled. We left these multipliers here to explain the
 313 limiting case ($\varepsilon = 0$).

314 Discussion of the proposed asymptotic procedure

315 First of all, observe that at $t = 0$, the contact problem for biphasic layers
 316 reduces to that for elastic incompressible layers. The contact problem in the
 317 latter case were studied in a number of papers [1, 9, 10, 17], however, without
 318 taking into account the tangential displacements.

319 To solve the resulting problem (4.17)–(4.22) and (4.24), we suggest the
 320 following iterative algorithm:

- 321 • Taking $\varepsilon = 0$, we have computed all values $\eta, b, \beta, \delta = \eta_0, b_0, \beta_0, \delta_0$ from
 322 the zero-order approximation.
- 323 • Having them we can compute the quantity $\theta_{2k,2l}(t)$ from (4.23),
- 324 • Then, from the system of three equations (4.20)–(4.22) we compute the
 325 constants a_{40}, a_{22}, a_{04} assuming the values of η, b, β as above.
- 326 • Finally from the system of four equations (4.17)–(4.19) and (4.24) consid-
 327 ering the right-hand side known (computed by the values know from the
 328 previous computations), we found new values η, b, β, δ and compare them
 329 with the previous computations. If the required accuracy has achieved
 330 we stop the computation, if not we are going to the second step of this
 331 iterative procedure.

332 We note that formulas (2.4) and (2.5) for the vertical and tangential dis-
 333 placements contain different powers of parameters ε , namely, ε^2 and ε , respec-
 334 tively. Note also that our analysis (with the values of another parameters taken
 335 into account) shows, that the role of these magnitudes (vertical and tangential
 336 displacements) is quite opposite. In the final equation (see (2.11)) the leading
 337 terms, corresponding to the vertical displacement, contain the zero power of the
 338 new small parameter ε , but the leading terms, corresponding to the tangential
 339 displacements, contain the first power of ε .

340 An extended discussion of the model is presented in the next section.

5 Numerical results and conclusions

In this section we present a numerical analysis of the algorithm and a discussion of its fundamental peculiarities. We will then address the main question of this analysis, specifically the importance of accounting for the tangential displacement of the contact problem, without an assumption of axisymmetry. We also compare our approximation to the other available results.

In the axisymmetric case (see [8]), it is commonly assumed that the human bone is approximated by a paraboloid with curvature radius $R = 400\text{ mm}$. We investigate this case (i.e. with $R_1 = R_2 = 400\text{ mm}$) and also a few other possible cases with curvature radii $R_1 = 200, R_2 = 300, R_1 = 350, R_2 = 400$ and $R_1 = 300, R_2 = 600$. Our numerical results are provided for two different cartilages. They are characterized by the constants ($n = 1, 2$) $H_A = \lambda_{s,n} + 2\mu_{s,n} = 0.5\text{ MPa}$, $\mu_{s,n} = 0.25\text{ MPa}$, $H_n = \frac{H_A}{\mu_{s,n}} = 2$, $k_n = 2 \cdot 10^{-3}\text{ mm}^4\text{N}^{-1}\text{s}^{-1}$. For these two different cartilages the thicknesses are taken to be $h_n = 1\text{ mm}$ and $h_n = 0.5\text{ mm}$ (where the first thickness corresponds to healthy cartilage). Finally, the average external load is taken to be $F = 100\text{ N}$ and for the maximal time of observation we take $t = 200\text{ s}$. These choices for the parameters are in common with many other papers devoted to the cartilage model (cf., [7], [8], [15]).

5.1 Numerical results

Here we analyze the convergence of the proposed scheme only the parameters which characterize our solution, namely, β – the eccentricity of the contact zone, b – its smallest semi-axis, δ – the indentation parameter, and η – the maximum of the function $\eta(t)$ related to the contact pressure P (see (4.5), (4.6)). With this we take into account the application goal of this paper.

We have estimated the convergence rates of the parameters for all analyzed cartilages but present here in Figures 2, 3 only two distinctive cases: large eccentricity in Figure 2, and small eccentricity in Figure 3.

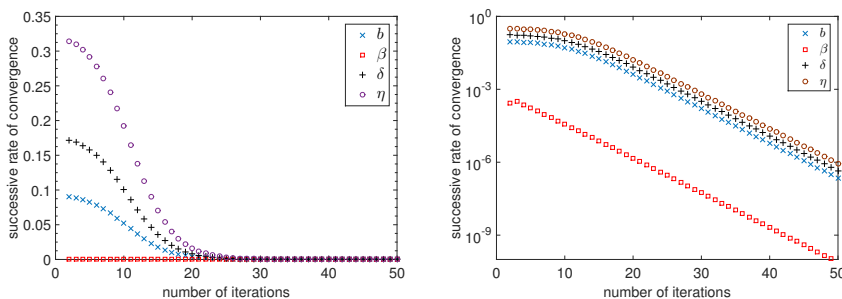


Figure 2. Successive rate of the convergence for the parameters in standard and logarithmic scale. $R_1 = 300, R_2 = 600$, left - for $h = 1$, right - for $h = 0.5$.

We observe the following features of the algorithm:

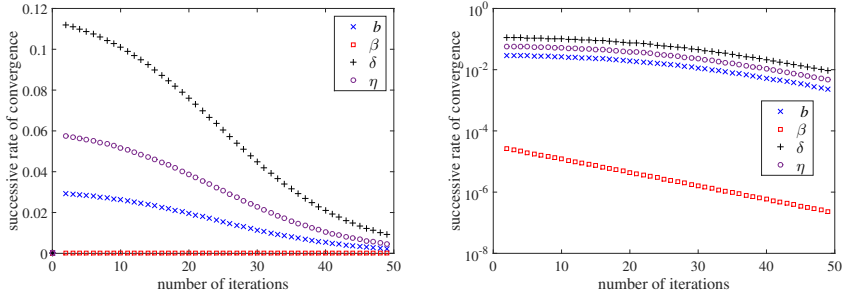


Figure 3. Successive rate of the convergence for the parameters in standard and logarithmic scale. $R_1 = 350, R_2 = 400$, left - for $h = 1$, right - for $h = 0.5$.

- 370 • it converges more rapidly in the case of larger eccentricity, where even 20
- 371 iterations are sufficient to reach the “good” rate;
- 372 • the slowest case is the circular contact, where the same rate is reached
- 373 after more that 50 iterations;
- 374 • the level of the convergence rate for all analyzed parameters (β, b, δ, η) is
- 375 essentially the same;
- 376 • the convergence is the most accurate when considering eccentricity β (in
- 377 comparison with three other parameters b, δ, η);
- 378 • the worst level of convergence is that found when considering η .

379 The results for successive rates of convergence for those cartilages not discussed
 380 in Figures 2, 3 look similarly. As a result, to guarantee the best convergence
 381 we choose to make 50 iterations for further computations.

382 5.2 Comparison of the results in the case of the circular contact 383 zone

384 Here we compare the results of our algorithm, in the case of a circular contact,
 385 with those available in the literature, specifically

- 386 • Wu et al (1997) [15], where the axisymmetric contact problem was ana-
- 387 lytically solved without accounting for the tangential displacement;
- 388 • Argatov-Mishuris (A&M (2010)) [6], where the Wu model was extended
- 389 to take tangential displacement into consideration and to estimate its
- 390 impact.

391 In Figures 4, 5 we present for such a comparison the results from [6], [15]
 392 alongside ours (red line).

393 The following immediate conclusions can be made from these figures: one
 394 term asymptotic expansions do not guarantee that a approximate result will
 395 be very close to the exact numerical solution of Argatov-Mishuris (2010); the

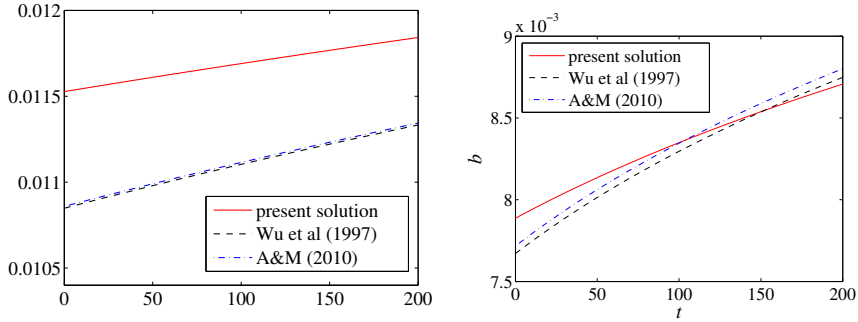


Figure 4. Comparison of the values of the parameter b in different models; left - for $h = 1$, right - for $h = 0.5$.

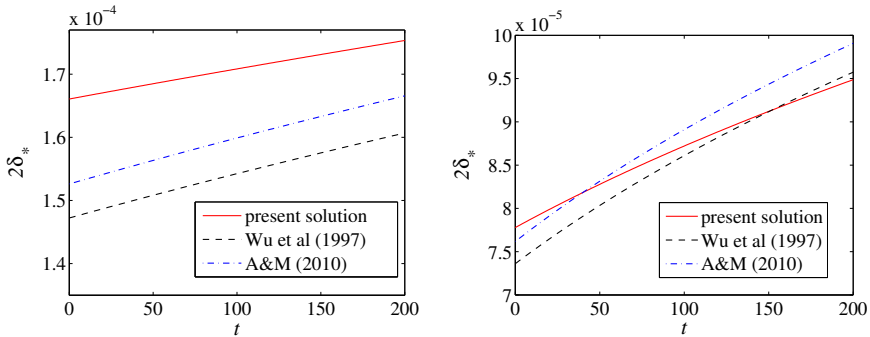


Figure 5. Comparison of the values of the parameter δ in different models; left - for $h = 1$, right - for $h = 0.5$.

396 results of our model are close enough to previous results to be of the same
 397 order.

398 Our calculations have been made by taking only the first term of the asymp-
 399 totic expansion. If greater accuracy is required for the computed parameters,
 400 it is necessary to consider at least two terms of asymptotics. In particular,
 401 it can be accomplished using the analytic calculations presented in the paper.
 402 For the purposes of this paper, the above accuracy is sufficient, as will be seen
 403 in the next subsection.

404 **5.3 Comparison of the present approximate solution for the elliptic** 405 **contact zone**

406 In this subsection we compare the parameters computed on the basis of our
 407 approximate solution with the exact solution presented in [4]. We note that
 408 the exact result in [4] was obtained for an elliptic contact zone but *without*
 409 accounting for tangential displacement. Since the only one term approximation
 410 is not particularly accurate we evaluate further on only average characteristics

411 like eccentricity β of the contact zone and the indentation parameter δ . Four
 412 types of cartilages with different eccentricity are analyzed in Figures 6, 7. The
 413 respective relative deviations (or relative errors) are given. The leftmost figures
 414 correspond to the thickness of the cartilage $h = 1$, and rightmost figures, to
 415 the thickness $h = 0.5$.

416 From Figures 6, 7 we can reach the following conclusions:

- 417 • the general tendency is the same for all parameters, specifically that the
 418 deviation grows with the ratio R_2/R_1 ;
- 419 • the maximal relative error (20%) for the eccentricity β is found for the
 420 radii $R_1 = 300, R_2 = 600$ and the minimal (less than 1%) for the circular
 421 case;
- 422 • the indentation parameter δ increases by one order of magnitude for the
 423 largest values of the ratio R_2/R_1 .

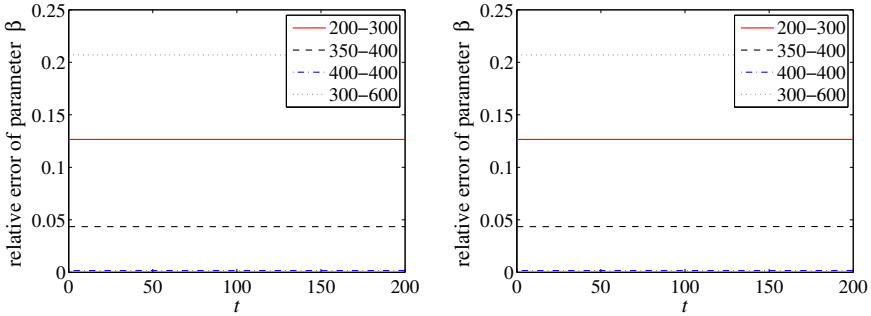


Figure 6. Relative error for the parameter β . The base of comparison is our approximate solution; left - for $h = 1$, right - for $h = 0.5$.

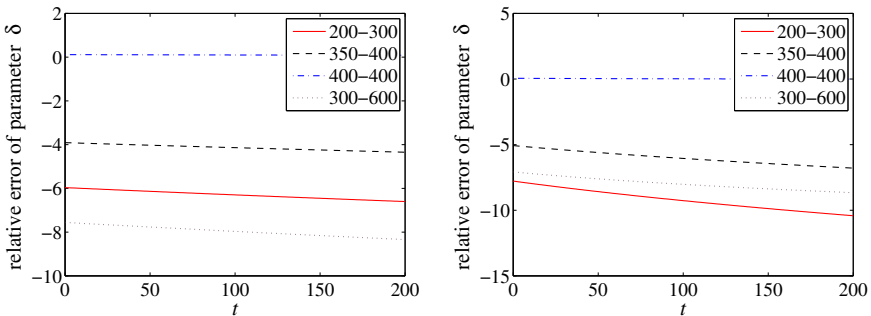


Figure 7. Relative error for the parameter δ . The base of comparison is our approximate solution; left - for $h = 1$, right - for $h = 0.5$.

5.4 Conclusions

We have developed a new model for the cartilage problem with biphasic cartilage layers and elliptic contact zone, which account for the tangential displacement. Although the analysis was done using only the first asymptotic term, it is clear how to extend it for more terms in asymptotic expansion.

We conclude with the following remarks:

- the proposed algorithm provides a good convergence for the main parameters of the considered system;
- the results are comparable in the case of an axisymmetric contact zone with those known in the literature;
- the computation of the parameters in the case of the circular contact zone is less satisfactory, since we take only the first term of our asymptotic representation;
- we have shown that accounting for the tangential displacement in the realistic case of the elliptic contact is important, and that this effect must be further analyzed.

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501 Appendix

502 Computation of the polynomial Q_0

In order to determine the coefficients of the polynomial

$$Q_0(x_1, x_2) = 1 + q_{1,0}x_1 + q_{0,1}x_2 + q_{2,0}x_1^2 + q_{1,1}x_1x_2 + q_{0,2}x_2^2,$$

we need to compute the normal derivative of the unknown functions $p^{(0)}$ (4.6) along the elliptic boundary Γ :

$$\frac{\partial p^{(0)}}{\partial n}|_{\Gamma} = \nabla p^{(0)} \cdot \vec{n}|_{\Gamma} = \eta_0(t) \left(-\frac{2x_1^2}{b_0^2} - \frac{2\beta_0^4 x_2^2}{b_0^2} \right) Q_0|_{\Gamma} = 0.$$

Here we take into account the fact that, since the contact domain is an ellipse (4.4), the tangential and normal vectors to the boundary $\Gamma = \partial\Omega$ are given by $\vec{\tau} = (-\beta_0^2 x_2, x_1)$, $\vec{n} = (x_1, \beta_0^2 x_2)$. Then, to satisfy the boundary condition (2.16) the following equation should be valid:

$$Q_0|_{\Gamma} = 0.$$

This, in turn, is equivalent to the representation

$$Q_0(x_1, x_2) = (1 - x_1^2/b_0^2 - \beta_0^2 x_2^2/b_0^2).$$

503 **Evaluation of the ellipse parameters**

Since

$$p^{(0)}(\mathbf{x}, t) = p^{(0)}(x_1, x_2, t) = \eta_0(t) (1 - x_1^2/b_0^2 - \beta_0^2 x_2^2/b_0^2)^2,$$

we have

$$\begin{aligned} \frac{\partial p^{(0)}}{\partial x_1} &= 2\eta_0(t) \left(1 - \frac{x_1^2}{b_0^2} - \frac{\beta_0^2 x_2^2}{b_0^2}\right) \cdot \left(-\frac{2x_1}{b_0^2}\right), \\ \frac{\partial^2 p^{(0)}}{\partial x_1^2} &= 2\eta_0 \left[-\frac{2}{b_0^2} \left(1 - \frac{x_1^2}{b_0^2} - \frac{\beta_0^2 x_2^2}{b_0^2}\right) + \frac{2x_1}{b_0^2} \frac{2x_1}{b_0^2}\right]. \end{aligned}$$

Therefore, by straightforward computations, we find that

$$\begin{aligned} \frac{\partial^2 p^{(0)}}{\partial x_1^2} &= 2\eta_0 \left[-\frac{2}{b_0^2} + \frac{6x_1^2}{b_0^4} + \frac{2\beta_0^2 x_2^2}{b_0^4}\right], \quad \frac{\partial p^{(0)}}{\partial x_2} = 2\eta_0 \left(1 - \frac{x_1^2}{b_0^2} - \frac{\beta_0^2 x_2^2}{b_0^2}\right) \\ &\times \left(-\frac{2\beta_0^2 x_2}{b_0^2}\right), \quad \frac{\partial^2 p^{(0)}}{\partial x_2^2} = 2\eta_0 \left[-\frac{2\beta_0^2}{b_0^2} \left(1 - \frac{x_1^2}{b_0^2} - \frac{\beta_0^2 x_2^2}{b_0^2}\right) + \frac{2\beta_0^2 x_2}{b_0^2} \frac{2\beta_0^2 x_2}{b_0^2}\right]. \end{aligned}$$

Thus, we obtain

$$\frac{\partial^2 p^{(0)}}{\partial x_2^2} = 2\eta_0(t) \left[-\frac{2\beta_0^2}{b_0^2} + \frac{2\beta_0^2 x_1^2}{b_0^4} + \frac{6\beta_0^4 x_2^2}{b_0^4}\right].$$

Substituting the obtained equalities into the main equation

$$G_0(b_0, \beta_0, \delta_0) \equiv \Delta p^{(0)}(\mathbf{x}, t) - \mu \left(\Psi_1(\mathbf{x}) - \delta^{(0)}(t)\right) = 0,$$

504 where

$$\begin{aligned} 505 \quad G_0 &= 2\eta_0(t) \left[(-2) \frac{1 + \beta_0^2}{b_0^2} + \left(\frac{6 + 2\beta_0^2}{b_0^4}\right) x_1^2 + \left(\frac{6\beta_0^4 + 2\beta_0^2}{b_0^4}\right) x_2^2\right] \\ 506 \quad &- \mu \left(\Psi_1(x_1, x_2) - \delta^{(0)}(t)\right) \end{aligned}$$

and taking into account that

$$\Psi_1(\mathbf{x}) = \Psi_1(x_1, x_2) = x_1^2 + e_1^2 x_2^2,$$

one concludes that the expression for G_0 is represented by a second order polynomial with respect to the independent variables x_1 and x_2 in the following form:

$$G_0(b_0, \beta_0, \eta_0, \delta^{(0)}) = q_0(b_0, \beta_0, \eta_0, \delta^{(0)}) + q_1(b_0, \beta_0, \eta_0)x_1^2 + q_2(b_0, \beta_0, \eta_0)x_2^2.$$

Here the coefficients are defined as follows:

$$q_0(b_0, \beta_0, \eta_0, \delta^{(0)}) = \frac{4\eta_0}{\mu b_0^2}(1 + \beta_0^2) - \delta^{(0)}, \quad q_1(b_0, \beta_0, \eta_0) = \frac{4\eta_0}{b_0^4}(3 + \beta_0^2) - \mu, \\ q_2(b_0, \beta_0, \eta_0) = 4\eta_0\beta_0^2(1 + 3\beta_0^2)/b_0^4 - \mu e_1^2.$$

507 Auxiliary computation

Taking into account (4.14), we can represent $p_0(\mathbf{x}, t)$ in the form

$$p_0(\mathbf{x}, t) = \eta^{(1)}(t) \left(1 - \frac{2x_1^2}{b_1^2} - \frac{2\beta_1^2 x_2^2}{b_1^2} + \frac{2\beta_1^2 x_1^2 x_2^2}{b_1^4} + \frac{x_1^4}{b_1^4} + \frac{\beta_1^4 x_2^4}{b_1^4} \right).$$

Hence, applying the Laplace equation, we get

$$\Delta p_0(\mathbf{x}, t) = \eta^{(1)}(t) \left(-\frac{4}{b_1^2}(1 + \beta_1^2) + x_1^2 \frac{4}{b_1^4}(3 + \beta_1^2) + x_2^2 \frac{4\beta_1^2}{b_1^4}(1 + 3\beta_1^2) \right).$$

508 Next, by using representation (4.15), we can write $p_1(\mathbf{x}, t)$ in the form

$$509 \quad p_1(\mathbf{x}, t) = 2\eta^{(1)}(t) \left(a_{40}x_1^4 + a_{22}x_1^2x_2^2 + a_{04}x_2^4 - \frac{a_{40}x_1^6}{b_1^2} - \frac{a_{22}x_1^4x_2^2}{b_1^2} \right. \\ 510 \quad \left. - a_{04}x_1^2x_2^4/b_1^2 - a_{40}\beta_1^2x_1^4x_2^2/b_1^2 - a_{22}\beta_1^2x_1^2x_2^4/b_1^2 - a_{04}\beta_1^2x_2^6/b_1^2 \right) \\ 511$$

512 Therefore, we obtain

$$513 \quad \Delta p_1(\mathbf{x}, t) = 2\eta^{(1)}(t) \left((12a_{40} + 2a_{22})x_1^2 + (2a_{22} + 12a_{04})x_2^2 \right. \\ 514 \quad \left. - (12\beta_1^2a_{40} + 12a_{22}(1 + \beta_1^2) + 12a_{04})x_1^2x_2^2/b_1^2 \right. \\ 515 \quad \left. - \frac{a_{40}(30 + 2\beta_1^2) + 2a_{22}}{b_1^2}x_1^4 - \frac{2a_{22}\beta_1^2 + a_{04}(2 + 30\beta_1^2)}{b_1^2}x_2^4 \right).$$

We also use the following representations: $\Psi_j(\mathbf{x}) = x_1^2 + e_j^2x_2^2$, $j = 1, 2$. Thus, applying the gradient operator, we simply get

$$\nabla \Psi_2(\mathbf{x}) = (2x_1, 2e_2^2x_2), \quad \nabla P_0(\mathbf{x}, t) = (\mathcal{K}^{-1}\nabla p_0(\mathbf{x}, \cdot))(t).$$

It yields the following representation:

$$\nabla \Psi_2(\mathbf{x}) \cdot \nabla P_0(\mathbf{x}, t) = -8 \left(\mathcal{K}^{-1} \left[\eta^{(1)} \left(1 - \frac{x_1^2}{b_1^2} - \frac{\beta_1^2 x_2^2}{b_1^2} \right) \left(\frac{x_1^2}{b_1^2} + \frac{e_2^2 \beta_1^2 x_2^2}{b_1^2} \right) \right] \right) (t) \\ =: -8x_1^2\theta_{2,0}(t) - 8e_2^2x_2^2\theta_{2,2}(t) + 8x_1^4\theta_{4,0}(t) + 8(1 + e_2^2)x_1^2x_2^2\theta_{4,2}(t) + 8e_2^2x_2^4\theta_{4,4}(t).$$

516 Here we have introduced the notation $\theta_{2k,2l} = (\mathcal{K}^{-1}(\eta^{(1)}b_1^{-2k}\beta_1^{2l}))(t)$.
517 Combining the above results we obtain the system of equations (4.17)–(4.22).