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A systematic review and qualitative meta-synthesis of first-hand conceptualisations of nonsuicidal self-injury (NSSI)

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First author & date	Are aims clearly stated?	Is a qualitative method appropriate?	Is the design appropriate for the aims?	Is sampling appropriate?	Is data collection appropriate?	Has researcher/participant relationship been considered?	Have ethical issues been considered?	Is the analysis rigorous?	Is there a clear statement of findings?	Is the research valuable?	Total
Adams 2005	1	2	2	1	2	0	1	2	2	1	14
Aggarwal 2020	2	2	2	0	2	0	0	1	2	2	13
Alexander 2004	2	2	2	1	2	2	2	2	2	2	19
Baker 2013	2	2	1	0	1	1	2	2	2	1	14
Brooke 2010	2	2	1	1	2	1	1	2	1	1	14
Chandler 2018	1	2	2	2	2	2	2	2	2	2	19
Dunlop 2022	2	2	2	2	2	2	2	2	2	2	20
Grandclerc 2019	2	2	2	2	2	0	1	2	2	2	17
Gulbas 2015	2	2	1	1	2	0	1	2	2	2	15
Inkle 2014	2	2	2	1	1	1	0	1	2	2	14
Kokaliari 2008	1	2	2	2	2	0	0	2	2	2	15
McAndrew 2014	2	2	2	1	1	0	2	2	2	1	15
Meheli 2021	2	2	2	1	1	2	2	2	2	1	17
Miller 2021	2	2	1	2	2	2	2	2	2	2	19
Morris 2015	2	2	2	1	1	0	2	1	2	1	14
Naz 2019	1	2	2	1	2	0	2	1	1	1	13
Quarshie 2020	2	2	2	1	1	0	1	2	2	1	14
Rouski 2020	2	2	2	2	1	0	2	1	2	2	16
Shaw 2006	2	2	2	1	2	1	0	2	2	2	16
Smith 2013	2	2	2	0	1	0	0	2	2	1	12
Stanike 2021	2	2	2	2	2	2	2	2	2	2	20
Wadman 2018	2	2	2	2	1	0	2	1	2	2	15
Wadman 2017	2	2	2	2	2	0	2	2	2	2	18
Weber 2002	1	2	1	1	0	0	0	0	1	0	6

First Author	Date	Country	N	Setting	Gender	Age	MH Diagnosis Stated	Definition of self-harm used for recruitment	Analysis Method
Adams	2005	UK	26	Community	Mixed	16-26	N	Any NSSI	IPA
Aggarwal	2020	India	15	Inpatient	Mixed	15-24	N	Not specified	PTA
Alexander	2004	UK	16	Community	Female	18-50	N	Any NSSI	IPA
Baker	2013	UK	4	Inpatient	Female	18+	Y	Any NSSI	Thematic
Brooke	2010	UK	4	Outpatient	Female	22-40	Y	Any NSSI	IPA
Chandler	2018	UK	122	Community	Mixed	13-26	N	Any NSSI	Thematic
Dunlop	2022	UK	15	Community	Mixed	16-25	N	Any NSSI	Thematic
Grandclerc	2019	France	18	Inpatient	Female	12-21	N	Damage to skin	IPA
Gulbas	2015	USA	26	Mixed	Female	11-19	N	Any NSSI	Ecodevelopmental
Inkle	2014	UK	3	Community	Male	18	N	Any NSSI	Feminist DA
Kokliari	2008	UK	10	Community	Female	18-23	N	Any NSSI	Foucauldian DA
McAndrew	2014	UK	7	Community	Female	13-17	N	Damage to skin	IPA
Meheli	2021	India	5	Inpatient	Mixed	18-27	Y	Damage to skin	Thematic
Miller	2021	UK	9	Outpatient	Female	13-17	Y	Any NSSI	IPA
Morris	2015	UK	8	Outpatient	Mixed	21-51	Y	Damage to skin (cutting)	Narrative
Naz	2019	Pakistan	16	Inpatient	Mixed	14-17	N	Overdose	Framework
Quarshie	2020	Ghana	36	Community	Mixed	15-20	N	Not specified	Experiential TA
Rouski	2020	UK	5	Residential	Mixed	13-18	N	Any NSSI	IPA
Shaw	2006	Canada	6	Community	Female	20-21	N	Any NSSI	Grounded Theory
Smith	2013	USA	20	Inpatient	Mixed	21-48	Y	Damage to skin (cutting)	IPA
Stanike	2021	Norway	19	Outpatient	Female	13-19	Y	Any NSSI	IPA
Wadman	2018	UK	24	Residential	Mixed	14-21	N	Any NSSI	IPA
Wadman	2017	UK	6	Community	Mixed	19-21	Y	Any NSSI	IPA

Superordinate Theme	SH is socially embedded		SH is symbolic and communicative			Agency		
Subordinate Theme	Social context	Socially regulated practice	Visual element	Self vs Other	Internal vs External	Attempt to survive	Enabler	Attempt to Control
Adams 2005	X							
Aggarwal 2020	X							
Alexander 2004						X		
Baker 2013		X				X		
Brooke 2010				X				
Chandler 2018		X						
Dunlop 2022	X			X	X		X	X
Grandclerc 2019	X	X	X	X	X			
Gulbas 2015	X		X	X	X	X		X
Inkle 2014			X	X	X		X	
Kokaliari 2008			X	X	X		X	X
McAndrew 2014	X					X	X	
Meheli 2021	X		X	X			X	X
Miller 2021	X		X	X	X	X	X	
Morris 2015			X	X	X			X
Naz 2019	X			X	X			
Quarshie 2020	X		X	X		X	X	
Rouski 2020					X			
Shaw 2006	X		X	X	X	X	X	X
Smith 2013	X					X	X	X
Stanike 2021	X		X	X		X	X	X
Wadman 2018	X		X		X	X	X	X
Wadman 2017					X	X	X	