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Metabolomic-based biomarker discovery for non-invasive lung cancer screening: A case study

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Abstract

Background: Lung cancer (LC) is one of the leading lethal cancers worldwide, with an estimated 18.4% of all cancer deaths being attributed to the disease. Despite developments in cancer diagnosis and treatment over the previous thirty years, LC has seen little to no improvement in the overall five year survival rate after initial diagnosis.

Methods: In this paper, we extended a recent study which profiled the metabolites in sputum from patients with lung cancer and age-matched volunteers smoking controls using flow infusion electrospray ion mass spectrometry. We selected key metabolites for distinguishing between different classes of lung cancer, and employed artificial neural networks and leave-one-out cross-validation to evaluate the predictive power of the identified biomarkers.

Results: The neural network model showed excellent performance in classification between lung cancer and control groups with the area under the receiver operating characteristic curve of 0.99. The sensitivity and specificity of for detecting cancer from controls were 96% and 94% respectively. Furthermore, we have identified six putative metabolites that were able to

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discriminate between sputum samples derived from patients suffering small cell lung cancer (SCLC) and non-small cell lung cancer. These metabolites achieved excellent cross validation performance with a sensitivity of 80% and specificity of 100% for predicting SCLC.

Conclusions: These results indicate that sputum metabolic profiling may have potential for screening of lung cancer and lung cancer recurrence, and may greatly improve effectiveness of clinical intervention.

Keywords:

lung cancer, small vs non-small cell lung cancer, sputum, metabolomics, biomarkers, artificial neural networks

1. Introduction

The year 2008 saw an estimated 12.7 million new cases of cancer, and 7.6 million cancer-related deaths worldwide [1]. While the incidence and mortality rates of most cancers is decreasing in the developed world, they are rising in emerging economies such as China and India. Migrant studies have found that cancer rates in the descendent generation of migrants tends to shift toward the host country, suggesting that environmental risk factors such as smoking and weight are responsible for the global variance in cancer rates [2].

1.1. Lung cancer

Lung cancer is a major cause of death in the developed and developing worlds. It is the leading cause of cancer-related deaths in men, and second only to breast cancer in women. There was an estimated 1.6 million new cases of lung cancer and 1.4 million deaths in 2008. This accounts for 12.6% of all cancer incidence and a staggering 18.4% of all cancer-related deaths [2]. This can be attributed to its poor prognosis, with the five-year survival rate being a mere 15%. Despite recent advances in lung cancer treatment, survival rates are low when compared to other forms of cancer [3]. However, improvements in surgical techniques and chemotherapy over the past twenty years has resulted in one-year lung cancer survival rates drastically improving. Despite this, the overall five-year lung cancer survival rates have remained stagnant at 6% for small cell lung cancer and 18% for non-small cell lung cancer. Unfortunately the vast majority (85%) of lung cancer cases are

24 diagnosed at advanced stages, heavily reducing the effectiveness of treatment
25 [1].

26 This can be attributed to the difficulty of effectively diagnosing cancer of
27 the lung at stage early enough to make a real impact. One of the main diffi-
28 culties is that symptoms of the conditions are often identical to less serious
29 conditions. This makes the pre-clinical diagnosis of lung cancer particularly
30 problematic as the observed symptoms are often confused with other respi-
31 ratory conditions. Prognostic factors may help diagnose patients who show
32 symptoms of a disease, or have an increased chance of recurrence or progres-
33 sion to advanced disease which should support clinicians in the creation of
34 appropriate treatment plans. The World Health Organisation (WHO) have
35 set out ten key principles to be met by an effective screening procedure in
36 order for it to be beneficial and cost effective [4]. Currently there are no lung
37 cancer screening techniques of which meet all of the ten conditions laid out
38 by the WHO.

39 *1.2. Metabolomic insights into lung cancer*

40 An emerging screening methodology to other traditional screening meth-
41 ods is the utilisation of molecular biomarkers in biofluids. The ease of analy-
42 sis of biofluids using mass spectrometry (MS) or nuclear magnetic resonance
43 (NMR) makes metabolomics a well-suited methodology for the non-invasive
44 detection of biomarkers in lung cancer. Current focus of metabolomics in lung
45 cancer has been on the exploitation of serum, urine and tumour biopsies. For
46 example, the analysis of serum using liquid chromatography (LC-MS) and
47 gas chromatography (GC-MS) approaches have suggested a potential use for
48 biomarkers of lung cancer. A small-scale pilot study sampling lung cancer pa-
49 tients before and after surgical intervention, alongside patients without lung
50 cancer has suggested ten candidate biomarkers for lung cancer, including
51 sphingosine, oleic acid and serine [5].

52 Sputum has been suggested as a potential biofluid source of biomarkers
53 in lung cancer [3, 6]. Recent work has used Fourier Transform Infra-Red
54 (FTIR) spectroscopy as a non-invasive method to detect lung cancer in spu-
55 tum samples. This work concluded that FTIR was able to sufficiently dis-
56 tinguish between lung cancer and control samples, and effectively act as a
57 non-invasive, high-throughput and cost-effective method for screening spu-
58 tum samples from high-risk patients. Furthermore, it further validated the
59 use of sputum as an effective biofluid for lung cancer screening [7].

60 *1.3. Artificial Neural Networks*

61 Artificial neural networks (ANNs) are a class of sophisticated computa-
62 tional modelling structures that are inspired by biological neurological sys-
63 tems, regarding how they are able to learn and process highly non-linear
64 information [37]. The past three decades have seen ANNs being widely used
65 for biomedical decision support systems [8, 9, 10, 11, 12].

66 In general, an artificial neural network is formed of interconnected pro-
67 cessing units, commonly referred to as neurons. Each neuron applies an ac-
68 tivation function over the weighted sum of the incoming stimuli (or inputs),
69 and generate an output signal, which could be the input signal for other neu-
70 rons. Many different neural network architectures exist, in this paper we will
71 focus on the popular feed-forward artificial neural network, in particular the
72 multi-layer perceptron (MLP) [13], that usually consists of multiple layers
73 of neurons - the input layer, one or more hidden layers and the final output
74 layer, as illustrated in Figure 1.

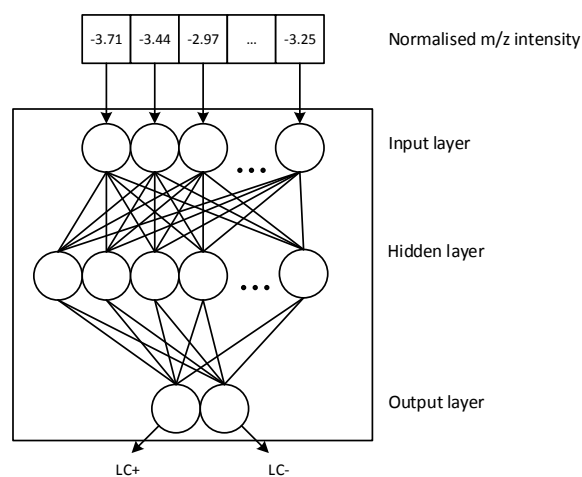


Figure 1: Illustration of a three-layered feed-forward artificial neural network, where each neuron in one layer has connections to the subsequent layer.

75 The design of network architectures involves setting the number of hidden
76 layers, the number of neurons within each layer, the connections between
77 them, and the type of activation function to use. The connection weights in
78 the network could be adjusted through a learning algorithm that minimises
79 the amount of error in the outputs compared to the true ones. Generalisation,

80 and to avoid overfitting the training data would be a central issue both in
81 network design and training.

82 2. Case Study

83 We have recently developed this approach by employing flow-infusion
84 electrospray-Mass Spectrometry (FIE-MS) to evaluate the potential of spon-
85 taneous sputum as a source of non-invasive metabolomic biomarkers for LC
86 status [14]. Spontaneous sputum was collected and processed from 34 pa-
87 tients suspected of having LC, and 33 healthy controls. Of the 34 patients,
88 23 were subsequently diagnosed with LC (LC+) at various stages of disease
89 progression. The clinical characteristics of all samples taken are summarised
90 in Table 1.

Characteristics	Lung cancer (LC+)	Symptoms (LC-)	Healthy controls
Number	23	11	33
Age (mean \pm SD)	66.6 \pm 8.1	66.5 \pm 14.3	55.3 \pm 14.6
Gender (Male/Female)	11/12	10/1	20/13
Smoking (Current / Ex / Never)	10/10/3	3/0/8	15/18/0
Previous cancer (Yes/No)	3/20	N/A	N/A
Final clinical diagnosis (SCLC/NSCLC/Radiological)	5/17/1	N/A	N/A
CO level (ppm)	4.2 \pm 2.8	3.7 \pm 1.3	N/A

Table 1: Summary of clinical characteristics of patients with Lung Cancer (LC+), Symptoms (LC-) and Healthy Controls

91 In these preliminary analyses, discriminatory metabolites were identified
92 using ANOVA and Random Forest and included Ganglioside GM1 which has
93 previously been linked to lung cancer [15]. This suggested that the use of
94 sputum as a non-invasive source of metabolite biomarkers may aid in the
95 development of an at-risk population screening programme for lung cancer
96 or enhanced clinical diagnostic pathways. We now demonstrate how further
97 data-mining of the FIE-MS data has revealed further metabolite biomark-
98 ers, and evaluate further the use of metabolomics to yield biomarkers for
99 distinguishing lung cancer type.

100 2.1. Ethics statement

101 The MedLung observational study (UKCRN ID 4682) received loco-regional
102 ethical approval from the Hywel Dda Health Board (05/WMW01/75). Writ-

103 ten informed consent was obtained from all participants at least 24 hours
104 before sampling, at a previous clinical appointment, and all data was link
105 anonymised before analysis.

106 *2.2. Mass spectrometry*

107 Frozen sputum samples were thawed before being exposed to 0.5 mL of
108 dithiothreitol (DTT) to isolate sputum cells. Each sample was mixed using a
109 vortex mixer for 15 minutes before being centrifuged at 1800g for 10 minutes
110 before removing the supernatant. Sputum pellets were then analysed using
111 Flow Infusion Electrospray Ion Mass spectrometry (FIE-MS).

112 Signals identified under 50 m/z were removed, and the resulting FIE-MS
113 data matrix contains 2,582 m/z values after binning. The data was further
114 preprocessed by total ion count (TIC) normalisation (to ensure the intensity
115 values for each spectrum sum up to one), followed by log10 transformation
116 prior to further data analysis.

117 *2.3. Effect of clinical characteristics on the metabolic profiles*

118 To explore the possible effects of the clinical characteristics on the global
119 metabolic profiles, we conducted the so called 50-50 MANOVA test, which is
120 essentially a variant of classical MANOVA that can handle multiple highly
121 correlated responses [16]. We found no significant effect of age, gender or
122 the CO level on the preprocessed metabolomic data (with p -values of 0.4,
123 0.08, and 0.8, respectively), whilst the effect of disease status (LC+/LC-
124 /Control) is really strong (p -value = $1e-12$). And perhaps not surprisingly,
125 as tobacco smoking is an important risk factor for lung cancer, there is indeed
126 a significant effect of the smoking pack numbers per year over the metabolic
127 profiles for the patients of LC- and LC+ (p -value = $2e-5$).

128 *2.4. Diagnostic modelling with artificial neural networks*

129 To find discriminatory m/z features, Welch's unequal variance t -test have
130 been performed using the pre-processed intensity values after log-transformation.
131 Random forests have also been tried (results not shown), and the top ranked
132 features identified for both methods are quite similar.

133 Then an ANN was used as a diagnostic model for various binary classifi-
134 cation problems, taking the selected m/z signals (the preprocessed intensity
135 values after log-transform) as the inputs and estimating the probability for
136 individual classes. The activation function was set to hyperbolic tangent for
137 both hidden and output layer; and the number of hidden layers was set to

138 two for all problems based on our initial analysis. Regularisation techniques
139 such as weight decay [17] have been employed to control the complexity of
140 the model parameters in order to avoid overfitting the models to the training
141 data.

142 The predictive power of neural network classifiers was evaluated using
143 Receiver Operating Characteristic (ROC) analysis and through leave-one out
144 (LOO) cross-validation (CV) - the overall ROC curve and the area under the
145 curve (AUC) from CV was obtained using the pooled test examples from CV.
146 For each binary classification problem and within each round of training, a
147 *t*-test would be performed on the training set, only the *m/z* signals with
148 resulting *p*-values < 0.05 were selected as input features for ANN modelling.

149 3. Results and Discussion

150 Representative spectra of the samples from the LC+, LC- and healthy
151 control sample groups are shown in Figure 2. FIE-MS profiles were analysed
152 using principal component analysis (PCA) (Figure 4). One can observe no
153 clear separation between clinically collected sample groups (LC+ and LC-)
154 if all *m/z* signals were used for PCA.

155 Welch *t*-tests provided 445 distinctive *m/z* values for LC+ versus healthy
156 controls, and 90 significant *m/z* values for LC+ versus LC- from our pooled
157 leave one out cross validation *t*-tests. PCA of both stratifications showed
158 good discriminative ability when using the pooled features, as shown in Fig-
159 ure 4. The number of neurons in each hidden layer was chosen through grid
160 search [18]. The best-performing models and their diagnostic performance
161 from LOOCV can be found in Table 2. And Figure 6 shows the resulting
162 ROC curves.

Classification	Mean no. of inputs	No. of hidden neurons	Sensitivity	Specificity	Positive Predictive Value	Negative Predictive Value	AUC
LC+ (vs Control)	1730.2	100, 50	96%	94%	92%	97%	0.99
LC+ (vs LC-)	71.9	40, 10	100%	91 %	96%	100%	1.00
SCLC (vs NSCLC)	77.8	50, 20	80%	100%	100%	94%	1.00

Table 2: Results of cross-validation prediction performance of our ANN models. The diagnostic performance (except for AUC) was obtained by using the default probability cutoff value of 0.5 to determine the class labels.

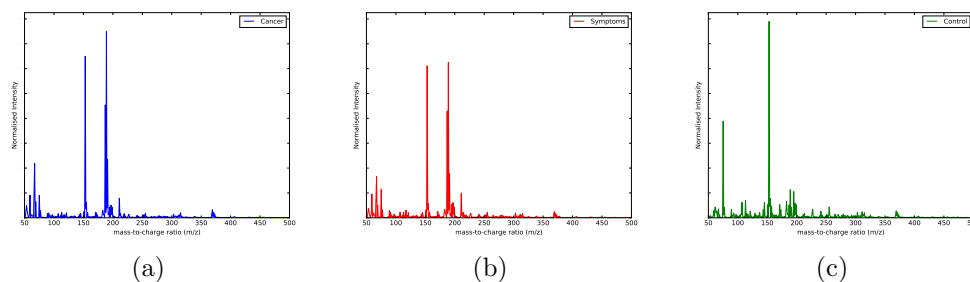


Figure 2: Typical FIE-MS spectra of sputum obtained from sputum obtained from (a) a patient with lung cancer , (b) a patient with symptoms of lung cancer and (c) a healthy control sample.

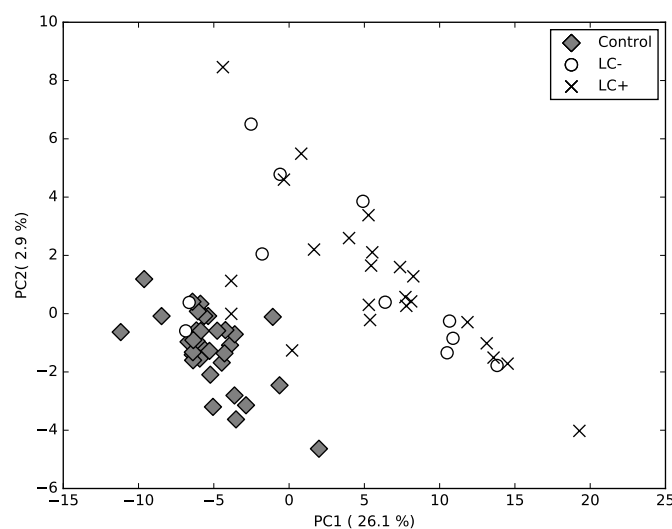


Figure 3: PCA score plots of FIE-MS data using all normalised m/z intensity values in negative ionisation mode, showing no clear separation between LC+ and LC- samples.

163 *3.1. Analysis of small-cell lung cancer and non-small cell lung cancer*

164 Determining the type of lung cancer that has developed in a patient
165 is a key component of determining the correct treatment and management
166 pathway. For lung cancer, two broad classes of classification exist: non-

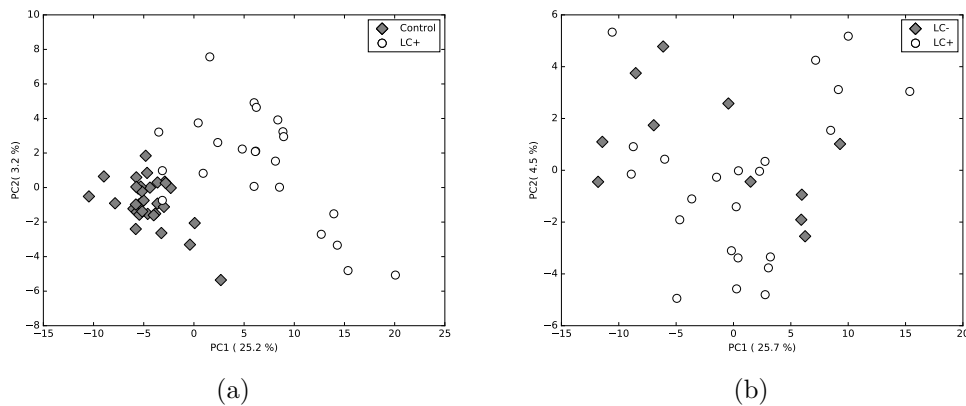


Figure 4: PCA score plots of the FIE-MS data with (a) only 970 selected m/z signals for LC+ and healthy controls, and (b) 125 selected m/z signal for LC+ and LC-. Using m/z features taken from t -tests clearly differentiates between relevant classes.

167 small-cell lung cancer (NSCLC) and small-cell lung cancer (SCLC). Patients
168 with NSCLC are usually classified as one of three main subtypes: adenocar-
169 cinoma, squamous-cell carcinoma and large-cell carcinoma. Of these, ade-
170 noma is the most common and is characterised by overproduction of
171 mucin. Squamous-cell carcinoma is the second most common form of lung
172 cancer and typically occurs in the centre of the lungs. Large-cell carcinoma
173 is less common and is characterised by cancerous cells that are large, with
174 excess cytoplasm and large nuclei. The extent of NSCLCs is reported using
175 the TNM format, which is important for prognosis and treatment planning.
176 The TNM format ranges from Stage 0 to Stage IV, with the relevant stage
177 determined through assessment of the primary tumour, involvement of re-
178 gional lymph nodes, and the extent of distant metastasis against set criteria
179 [19].

180 Small-cell lung cancers are less common than NSCLC, with approximately
181 10% of all lung cancers classified as SCLC. These lung cancers are charac-
182 terised by their small cells, with minimal cytoplasm, and poorly-defined cell
183 borders. Cancerous cells are usually rounded, oval and spindle-shaped. Typ-
184 ically, patients with SCLC present when the disease has metastasised from
185 the lungs and symptoms frequently this, such as issues with bone marrow
186 and the liver because of metastasis. Small-cell lung cancers are staged differ-

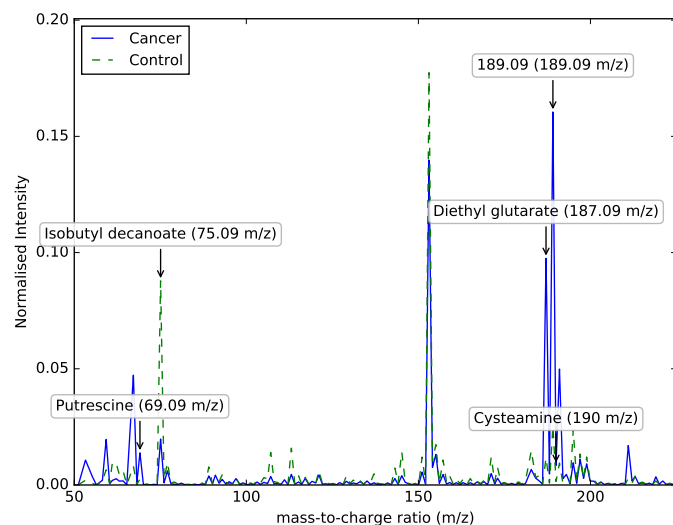


Figure 5: Mean FIE-MS spectra illustrating five key distinguishable metabolites between patients with lung cancer (LC) and healthy controls.

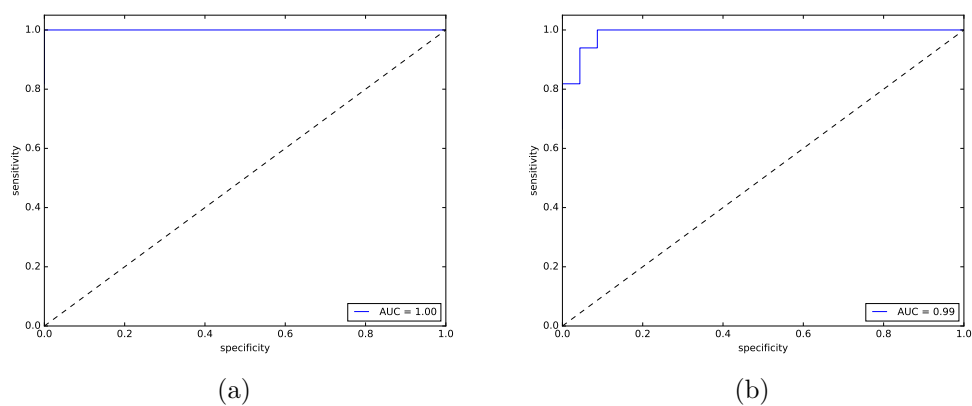


Figure 6: Receiver operating characteristic curves obtained from ANN models using leave one out cross-validation for classifying: (a) LC+ against LC-, and (b) LC against healthy controls.

187 ently to NSCLC. Although the TNM format can be used, it does not predict
188 survival and other outcomes well. Typically, SCLC is staged as either lim-

189 ited or extensive disease, with the latter equivalent to Stage IV of the TNM
190 staging format for NSCLC [19].

191 A total of nine m/z values provided strong differentiation between SCLC
192 and NSCLC with p -values less than 0.05 from Welch t -tests. Out of these
193 9 m/z values, 6 were identified and brought forward for further analysis as
194 potential biomarkers of NSCLC and SCLC. Their relative values and p -values
195 are shown in Table 3. Furthermore, ranges of each metabolite shown as box-
196 and-whisker plots can be found in Figure 7. These both indicate that the 6
197 biomarker candidates show that the median levels of the 6 markers are higher
198 in NSCLC samples to patients with SCLC.

Metabolite	m/z	Normalised Intensity		p -value
		NSCLC	SCLC	
Phenylacetic acid	137.09	-3.31 ± 0.21	-2.85 ± 0.42	0.001
L-Fucose	165.09	-3.19 ± 0.12	-2.86 ± 0.30	0.001
Caprylic acid	145.18	-2.81 ± 0.44	-2.12 ± 0.31	0.001
Acetic acid	61.09	-2.96 ± 0.19	-2.56 ± 0.40	0.002
Propionic acid	75.09	-1.91 ± 0.18	-1.56 ± 0.34	0.003
Glycine	76.09	-3.17 ± 0.12	-2.91 ± 0.21	0.004

Table 3: Identified metabolites that are significantly different between patients with Non-Small Cell Lung Cancer (NSCLC) and Small Cell Lung Cancer (SCLC) using Welch t -tests.

199 PCA analysis (Figure 8a) showed good separation capabilities between
200 NSCLC and SCLC samples, 6 metabolites were selected as input features
201 to build a second ANN. Due to the small sample size, leave-one-out cross
202 validation was performed to estimate the generalisation performance of the
203 model. Our MLP model was able to distinguish between NSCLC and SCLC
204 with a sensitivity of 80% and a specificity of 100% for predicting SCLC from
205 cross-validation (see Table 2 and Figure 8b).

206 4. Biomarker analysis

207 Metabolic profiling recognised and provided identifications of 6 candidate
208 metabolites that offered superb predictive values. Amongst the targeted
209 metabolites are examples which have already been linked to lung cancer.
210 The enzyme glycine decarboxylase (GLDC) is involved in the degradation of

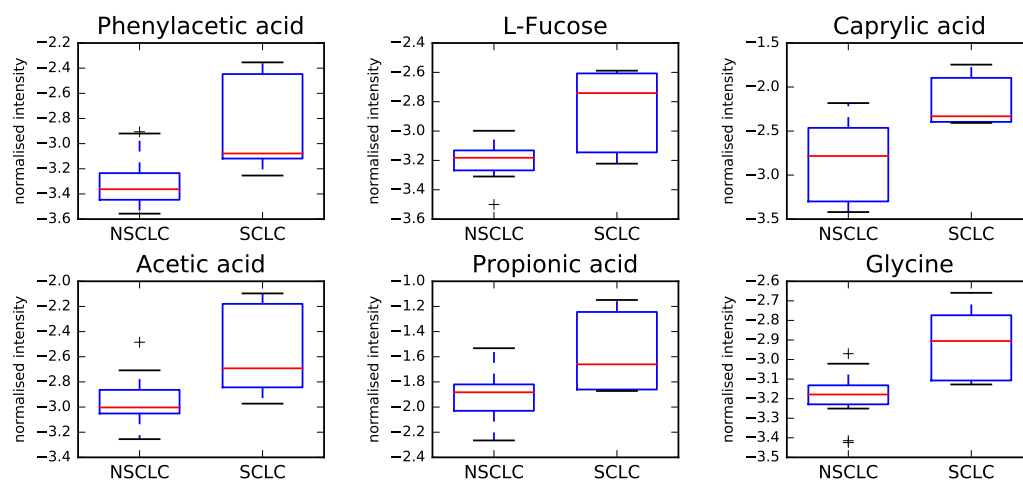


Figure 7: Box-and-whisker plots of the candidate metabolite biomarkers for discrimination between NSCLC and SCLC. The y axis represents the normalised intensity of each metabolite. Horizontal lines in the middle portion of the box illustrates the median, bottom and top boundaries of boxes represent the lower and upper quartile, whiskers depict the 5th and 95th percentiles and plus signs depicts the outliers.

211 glycine which is coupled to the generation of methylgroups which can be used
212 in (for example) purine biosynthesis. GLDC expression was increased in cells
213 isolated from NSCLC tumours with concomitant decreases in glycine [20].
214 These authors showed that GLDC expression could serve as a biomarker,
215 we now provide evidence that relative decreases in glycine is a feature of
216 NSCLC in sputum. This biofluid represents a less invasive and potentially
217 cost-effective means of clinically assessing patient LC status.

218 Fucose (6-deoxy-L-galactose) is N- and O-linked to a range of glycolipids
219 and glycopeptides produced by mammalian cells. Increases in fucosylated

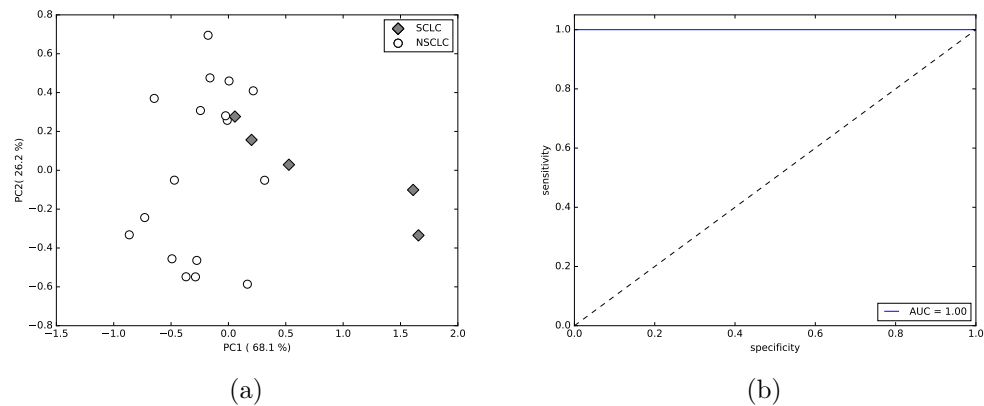


Figure 8: PCA score plot of the 6 identified metabolites for (a) NSCLC and SCLC, and (b) the ROC curve obtained from ANN LOOCV.

220 proteins, for example, α -fetoprotein are used in the diagnosis of hepatocel-
221 lular carcinoma [21]. Fucosylation is dependent on the availability of the
222 substrate guanosine 5'-diphospho-fucose (GDP-Fucose) and associated gly-
223 cosyltransferases to transfer the fucose motif on to the protein / lipid. Fucose
224 is a precursor to GDP-Fucose production [22] so that increases in fucosylation
225 could lead to a relative depletion in fucose as noted in our study. Increased
226 fucosylation has been previously linked to NSCLC biopies [23] but ours is the
227 first suggestion that decreases in fucose pools in sputum could be clinically
228 suitable marker.

229 Other key metabolites were volatile short chain fatty s acetic (C2), pro-
230 pionic (C3) and caprylic [octanoic] (C8), These could be derived as a result
231 of lipid peroxidation [24] but irrespective of their means of generation would
232 provide further support for efforts that are attempting to sample breath as
233 an non-invasive method for lung cancer detection [24, 25, 26].

234 A somewhat surprising observation was the detection of phenylacetic .
235 This is classically associated with phenylketonuria (PKU); an inherited dis-
236 order of amino metabolism. PKU arises from a deficiency of the liver enzyme
237 phenylalanine-4-hydroxylase which production of tyrosine from phenylala-
238 nine. If this enzyme is non-functional a range of alternative metabolites are
239 produced, including phenylacetic [27]. However, beyond PKU, phenylacetate
240 accumulates in patients with chronic kidney disease and during renal failure
241 where it can inhibit nitric oxide generation [28] and macrophage intracellular

242 killing of bacteria [29]. Further, disease-associated phenylacetate accumula-
243 tion can contribute to an inflammatory responses [30]. To our knowledge,
244 phenylacetate has not been associated with cancer; indeed quite the opposite
245 it has a history of being tested for its anti-tumour properties [31]. However,
246 it may be that NSCLC has particularly phenotypic / biochemical features
247 which lead to altered phenylalanine metabolism leading to the accumulation
248 of phenylacetate to contribute to inflammatory events and a reduced ability
249 to deal with the lung microbiome. This is currently under investigation in
250 our group.

251 **5. Conclusions**

252 A metabolomics approach based on FIE-MS coupled with univariate
253 Welch *t*-test based feature selection and artificial neural networks provides
254 an efficient methodology for metabolomic-based profiling of sputum to dif-
255 ferentiate between non-small cell and small-cell lung cancer. This paper has
256 identified 6 candidate metabolites markers, including L-fucose, phenylacetic ,
257 caprylic , acetic, propionic acid, and glycine, which were found to have good
258 discriminatory abilities and low *p*-values. Excellent sensitivity and specificity
259 was also shown using these markers through leave-one-out cross validation,
260 which further indicates the promise of metabolomic analysis of sputum for
261 non-invasive screening for LC. Further analysis involving a larger number of
262 samples is required to determine both the precision and applicability of this
263 approach in guiding the diagnosis and treatment of LC and respective forms.

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